

Pilgrim Bread Recipe:

Ingredients

1 cup water
 ½ cup milk
 1 cup stone-ground cornmeal
 1 egg
 ½ teaspoon salt
 2 tablespoons butter



- 1) Ask an adult to bring the water to a boil
- 2) In a bowl, mix the cornmeal and alt together. Have the adult add the boiling water, stir the mixture with a spoon until smooth. Then stir in the milk. Let the batter sit for about five minutes. Then beat in the egg.
- 3) Have the adult melt the butter in a frying pan over medium heat. Then use a tablespoon to drop the batter onto the pan and cook the cakes until golden brown on one side (about two minutes). Have the adult turn the cakes with a spatula and cook the other side about a minute. Serve hot or cold!

The Truth Behind the Dinner

Most American families come together and gather around a table for a traditional, Thanksgiving dinner. The table might be covered with food consisting of; a turkey, gravy, mashed potatoes, corn, yams, etc. Each table is set differently but it usually focuses around a big, fat turkey. Americans base the dinner around the Pilgrim's first Thanksgiving.

The Pilgrims were actually not the first group to celebrate Thanksgiving. Many Native Americans observed festivals similar to the Thanksgiving Americans celebrate today. The first Christian Thanksgiving celebration in America occurred in Texas, on June 30 1564, when they found food and water. Another Thanksgiving was held on December 4, 1619 when English settlers landed in Florida. These Thanksgivings were not a day a feast, but rather they were a day to be thankful to God.

The Pilgrim's Thanksgiving occurred around November 11, 1621. The three days of feasting was held as a celebration of accomplishment. When the Pilgrims landed on Plymouth Rock on December 11, 1620, it was the beginning of winter. The upcoming months were tough and difficult for the settlers. Many Pilgrims died from sickness, each day the group dwindled.

The Pilgrims needed help, and who better to help than a native? Squanto was an English speaking Native American (Indian) and was one of the few Indians who helped the

Pilgrims. Before Squanto the Pilgrims were afraid of the Indians.

Squanto taught them many things including how to harvest, hunt, create medicine, and avoid poisonous things. He is the reason why the Pilgrim's harvest was so plentiful, therefore the reason for the celebration. The day was not Thanksgiving but rather a celebration of their triumphs. Squanto invited friends and both the Pilgrims and Indians partied for three days, instead of one. If your family wants to stay true to a Thanksgiving celebration then your day will be spent fasting and thanking God. If you rather celebrate the Pilgrim's feast then fill your table with boiled lobster, roasted goose, boiled turkey, fricase of Coney, pudding of Indian corn meal, boiled cod, roasted duck, stewed pumpkin, roasted deer with mustard sauce, pudding of hominy, and fruit with Holland cheese.

Rupert, D New Life. Retrieved October 6, 2008, from The True Thanksgiving Story Web site: <http://www.new-life.net/thanks01.htm>



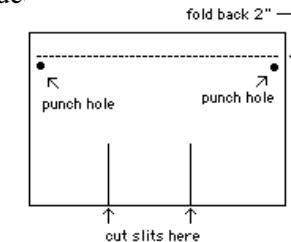
Let's Make A Hat!!!



Girls

Materials:

12 X 18" white construction paper
 Glue
 Scissors
 Hole Punch
 Yarn

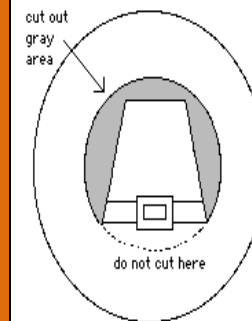


What to do:

- Fold the paper lengthwise back two inches to create the front opening. Crease well.
- Bend, without folding, the hat over the child's head so that the two shorter ends meet at each side of the child's jawline.
- Mark the paper with a pencil where it will meet a the child's jawline, then cut a slit about six inches from the end of the paper towards the head.
- Cut another slit about six inches from the other end in towards the head. Bending paper back in same position as if on child's head, fold the middle section down and hold.
- Fold one side over the middle section and glue in place.
- Fold the other side over the other two sections and glue in place.
- Place the hat on a flat surface with the face opening up. Place something like a heavy book on it to hold in place.
- Let dry.
- On each end, hole punch one hole in the turned over flap.
- Tie a piece of yarn to each hole.
- The child then puts the hat on and ties the yarn to hold it on her head.

Boys

Materials:
 10 X 13" Black Construction paper
 9x12" Gray construction paper
 Tape
 Pen or pencil
 Scissors
 Glue



What to do:

- Cut an oval out of the black construction paper the full size of the paper.
- Cut a strip of paper to make a band to put around the boy's head, tape it. Put that circle (slightly oval) on the paper to trace the inner circle. Then draw a circle around it. Leave about a 2" brim on 3 sides and about 4" on the "front".
- Draw the trapezoid, and cut out the gray parts. (see photo)
- Cut out a band and band and buckle out of gray paper.
- Glue the hat band on the hat and then the buckle on top of the band.
- Bend the hat piece up and try on the child.
- You may need to adjust the opening to fit the individual child's head.
- On the underneath side, apply tape to the two points where the hat bends. This will help reinforce the stress point, and hopefully prevent tearing.

Quiz Answers:

False-A true Thanksgiving was a day of fasting and prayer. What we now call Thanksgiving was more of a harvest festival for the Pilgrims.

False- They wore very colorful clothes. Black and white clothes with buckles were worn to church only.

True- They thought the worst infections came from the spirits in the wind and water, therefore they didn't bathe.

True- A festival similar to Thanksgiving was celebrated by many other groups of people, other than the pilgrims.

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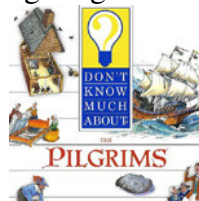
To: Ms. Erin's Lions

The Book Nook:

Don't Know Much About: The Pilgrims

By: Kenneth C. Davis

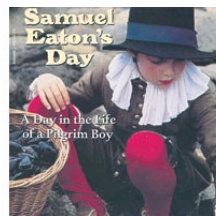
Read this and learn many things including: the living conditions of the pilgrims while on the Mayflower, what the people really thought of the natives, and find out about Thanksgiving dinner.



Samuel Eaton's Day

By: Kate Waters

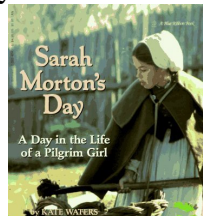
Learn about a day in the life of a Pilgrim boy. He has a busy day of helping around the farm. Read about how he and his family take care of the rye harvest.



Sarah Morton's Day

By: Kate Waters

Learn about a day in the life of a Pilgrim girl. Even getting dressed is very different from today. Read about how she helps her mother around the house and the chores she does in a day.



Lion Lowdown

November 2011

Imagination Learning Center

Editor: MS. ERIN

CLASS: Kindergarten LIONS

Quiz: What do you know... about Thanksgiving?

(Answers on pg 3)

True or False: The Pilgrims called their harvest feast "Thanksgiving."

True or False: All the Pilgrims' clothes were black and white, and stiff.

True or False: The Pilgrims thought it was dangerous to wash their bodies.

True or False: The Indians had been having Thanksgiving harvest feasts for many years before the Pilgrims arrived in the New World.

What to Expect in Kindergarten...

Lessons:

Sight words: **make, play, said, good**
Letter sounds
Water and its properties
Native Americans
Thanksgiving
Graphing
3D shapes

Activities:

11/7-11/8: Curriculum Closed
11/9: Peter Wabbit Picture Day
11/17: Ben Spitzer Magic Show 10:45
11/1: Holiday Luncheon 12:00
11/24-11/25: Center Closed for Thanksgiving

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