Pilgrim Bread Recipe

Ingredients

1 cup water 1/2 cup milk 1 cup stone-ground cornmeal 1 eaa 1/2 teaspoon salt 2 tablespoons butter

Ask an adult to bring the water to a boil. In a bowl, mix the cornmeal and alt together. Have the adult add the boiling water, stir the mixture with a spoon until smooth. Then stir in the milk. Let the butter sit for about five minutes. Then beat in the egg. Have the adult melt the butter in a frying pan over medium heat. Then use a tablespoon to drop the butter onto the pan and cook the cakes until golden brown on one side (about two minutes). Have the adult turn the cakes with a spatula and cook the other side about a minute. Serve hot or cold!



Thanksgiving Traditions

Each year, Americans celebrate the Thanksgiving holiday on the fourth Thursday of November. Most families follow traditions begun on the first Thanksgiving, but many have their own traditions that they follow each year. Here are some of the common traditions associated with "Turkey Day."

Travel

One of the best things about Thanksgiving is spending time with family. Many people live far from family members and travel long distances by car, train, or plane to be with their loved ones. Thanksgiving is the busiest travel day of the year!

The Feast

Traditional foods are a large part of Thanksgiving celebrations. Many families include the entire family in the food preparation. Traditional foods include turkey, stuffing, gravy, sweet potatoes, cornbread, mashed potatoes, and cranberry sauce. Many people serve pie for dessert at the end of the meal. Popular pie

flavors are pumpkin, pecan, sweet potato, and apple.

Vegetarian Foods

Some families choose to serve vegetarian Thanksgiving dinners instead of a stuffed turkey. Some people eat vegetarian turkey, which is made out of tofu. Others prefer to eat squash, salads, or other fruit and vegetable dishes.

The Wishbone

Some families include breaking the turkey's wishbone as part of their celebration. The wishbone is found attached to the breast meat in the turkey's chest. After the meat has been removed and the wishbone has had a chance to become dry and brittle, two people each take one end of the bone, make a wish, and pull. Whoever ends up with the larger part of the bone gets their wish!

The Turkey Pardon

Each year at Thanksgiving, the President of the United States receives a gift of a live turkey (along with an alternate in case something happens to the official turkey). At a White House ceremony, the president traditionally "pardons" the National Thanksgiving Turkey and the alternate turkeys, allowing them to live out the rest of their lives on a farm.

Helping Others

Many generous folks use Thanksgiving as an opportunity to help the less fortunate. Some people volunteer to serve food at homeless shelters on Thanksgiving Day and others donate to shelters or participate in canned food drives.

Television also plays a part in Thanksgiving celebrations. Many families watch the New York City Macy's Thanksgiving Day Parade. The parade includes marching bands, floats, songs and performances from Broadway musicals, and giant helium-filled balloons! People may also enjoy televised football games.

After the Meal

After the feast families often do additional activities. Some like to take walks after eating such a large meal. Some people take naps. Others sit down together to play board or card games together.

Thanksgiving Paper Plate Turkey

You will need:

- 1 small paper plate
- Red, yellow and orange construction paper
- 2 Googly eyes
- Scissors
- Tape
- Brown paint
- Paint brush

Instructions:

- feathers of each color.
- waddle.
- Cut two feet out of orange construction paper.
- plate.

Parent Teacher Conference It's *that* time of year:



Parent Teacher Conferences are a terrific opportunity for communication between educators and the families of their students, but remember, they aren't the only one!



• Paint the small paper plate brown and set aside to dry. • Cut feather shapes out of the construction paper. You'll need 2-3

• Cut a small triangle out of orange construction paper for a beak. • Cut a small peanut shape out of red construction paper for a

Tape the feathers onto the back of the paper plate.

• Glue the eyes, beak, waddle, and feet to the front of the paper

Tuesday November 8th.

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To: Miss Maria's Koalas

The Book Nook:

The Night Before Thanksgiving by: Natasha Wing

'Twas the night before Thanksgiving, and all through the nation families got ready for the big celebration. That night we were nestled all snug in our beds, while visions of turkey legs danced in our heads.



The story of the first Thanksgiving celebration, told in cumulative rhyme, introduces young readers to America's most beloved national tradition, which began with a shared feast to rejoice in the bounty of the land, new beginnings, and peace between two societies.



A Plump and Perky Turkey by Teresa Bateman

Turkeys around Squawk Valley just don't jump into pots anymore -- they are way too smart for that. So the townspeople hatch a clever plan. They host a turkeythemed arts and crafts fair and lure a vain bird into town by advertising for an artist's model. Peter the Turkey, proud of his well-stuffed form, takes the bait but doesn't fall for the trap.



