



THE PENGUIN MONTHLY NEWSLETTER

December 2011

Miss Ernie and Miss Nithzia

Through this monthly newsletter, we will be highlighting the upcoming themes and activities for our little Penguins. We will be having an exciting and adventurous month through these themes:

Themes of the Month:

1. The Works of Maurice Sendak (Week)
2. Healthy Bodies
3. Celebrations around the World
4. Nursery Rhymes

Books:

- Little Bear and In the Night Kitchen by Maurice Sendak
- This Little Piggy by Audrey Wood
- Shake me I Jingle! By Kim Ostrow
- Mother Goose by Lona Opie

The Works of Maurice Sendak

The Penguins will be learning new vocabulary words related to the theme. They will associate and recognize pictures with new words.

The Infants will do an activity that focuses on object permanence which requires them to try to remember where something went. The Penguins will enjoy playing the games "Where is the Monster?" and "Shake it Loud, Shake it Soft." We will encourage them to make noises using their hands and movements to discover new sounds. This game is a great gross motor tool because it strengthens the arm muscles.

In a music and movement activity, the Penguins will dance to the song "Teddy Bear, Teddy Bear." They will practice saying their names and body parts while learning a new rhyme.

The Infants will enjoy reading Little Bear and In the Night Kitchen by Maurice Sendak.



Parent Reminders

Please make sure that you label your child's bottles with FIRST and LAST name and date. This is a licensing requirement.

THANKS!

Do you need Helping Hands Points? We need two (2) bottle warmers.

Please remember to sign your child IN and OUT on the sheet on the door.

THANK YOU!

Feel free to email us at:
teachinginfants@yahoo.com

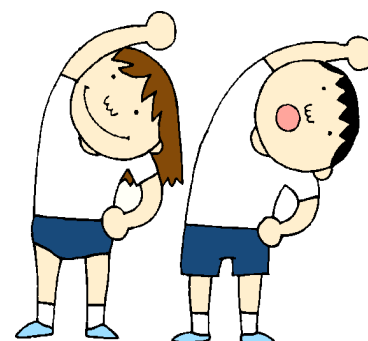
Healthy Bodies

The Penguins will be learning all about keeping their bodies healthy and in shape this month with activities featuring our theme of "Healthy Bodies."

We will be encouraging them to wash their little hands after diaper changes and feedings. We also will wash their faces after feeding time and let the older babies wash themselves with the washcloth.

We will sing a song called "This is the Way We Wash our Hands." Another song will be "Head, Shoulders, Knees and Toes." We will practice locating our body parts. We will look in the mirror and name each body part. The Infants will explore some fruit toys from the Toddler room along with the play forks and spoons. It is important that our growing bodies get plenty fresh fruits and vegetables!

The Infants will get a lot of exercise this month by practicing their standing and sitting. Some of the older Penguins are pulling up and standing up at the bar!



Celebrations Around the World

It's the most wonderful time of the year in the Infant Room!

We will spend our time learning all about holidays around the World.

The Infants will be shaking our jingle bells and singing "Jingle Bells" along with it.

The Penguins will enjoy singing "Frosty the Snowman" with their teachers and reading some snowmen books to go along with it.

The older Infants will practice putting on hats and gloves all by themselves! They will be learning the words "hot" and "cold."



Nursery Rhymes

This month the Penguins will be doing some new activities that strengthen their language, motor, and sensory skills.

We will learn many new nursery rhymes and do some activities that go along with them.

The Penguins will enjoy reading from our Mother Goose book. We will listen to the rhyme "Jack and Jill" and "Hey Diddle, Diddle."

Our teachers will help us with a fun activity called "Wet or Dry?" where we will place toys in a large bucket of water. We will touch and feel wet toys while playing with the water! Also we will be touching dry toys while learning about opposites. Another activity will be, "I Can Stand Up." The older Infants will practice standing up with our help. This exercise will strengthen their leg muscles and balance.



Art Project: We will be engaging in messy art this month to explore and utilize new materials and textures!



The Penguins are Really Growing!



Harlee "swims" on the floor during tummy time!



Caden is trying to scoot backwards on the floor!



Sophia enjoys standing up on the bar!



Joshua enjoys playing with his friends around the room!



Nicholas loves music and watching us dance!



Alicia is walking around the room!



Caleb is reaching for toys when he is doing tummy time!