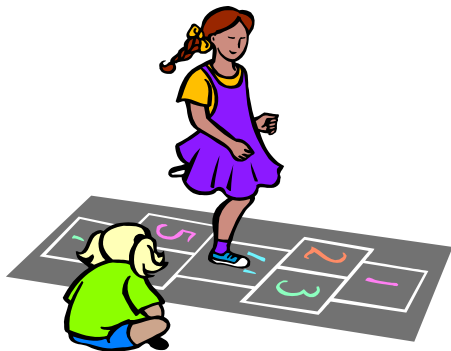




The Role of Play in Child Development

By Maya Pillai

- **Beats Obesity:** Today, obesity is one of the most common problems among children. They are so glued to the television, or engaged in computer games that they hardly venture out. By engaging your child in outdoor games and playful exercises, he remains active and fit, thus curbing chances of childhood obesity.
- **Better Brains:** Introducing your child to mobile, video, or computer games at an early stage will not help in developing his physical and motor skills; instead running, or jumping would give you those results. For the brain to develop, he must be involved in outdoor and physical activities; only then will he learn about bonding, negotiating, sharing, and contributing in a group.
- **Good Sensory and Motor Skills:** Indulging in outdoor games helps develop and coordinate the sensory and motor skills of a child. Your child can indulge in many multisensory activities that teach a child to understand and learn through touch, sight, and sound.
- **Language Skills Improve:** Singing along with your child, or engaging in activities involving rhyming words enhances his linguistic and vocabulary development. By talking, singing songs, reciting poems, and storytelling, you enhance language skills in your child.
- **Bring a Balance:** An old English proverb goes like this -- All work and no play makes Jack a dull boy. Hence, parents should find time to balance playful activities in their child's life. Recall how you felt when you enjoyed climbing monkey bars, playing hopscotch, flying kites, building blocks, skipping, playing dressing up games or basketball, painting, or hide and seek. Playing should be all about having fun.
- **Overall Development:** By playing, children are actually learning and preparing themselves for the challenges of adulthood. Your child would be emotionally fulfilled, relaxed, energized, and self-confident when he enjoys playing. His attention and concentration levels would also improve drastically. He would be eager to learn, explore, experiment, and imagine more. So, let your children play as it is essential for their optimal, emotional, intellectual, and creative development.



What do you know about... chicks!

- Chicks hatch after 31 days
- Chicks need warmth until feathered. A common heat ray lamp should be kept 15 to 20 inches above chicks.
- Female chicks are called "pullets" until they are about 1 year old.
- At age 6 months, a female chick is able to lay their own eggs.

Creamy Lemon Meringue Pie

Ingredients

1. 3 eggs, separated
2. 1 (14 ounce) cans sweetened condensed milk
3. 1/2 cup real lemon reconstituted lemon juice
4. 1 ready-made pie crust
5. 1/4 teaspoon cream of tartar
6. 1/3 cup sugar

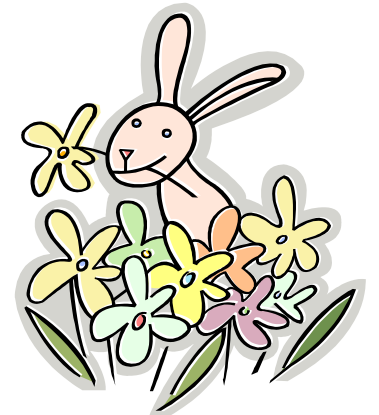
Directions

1. Preheat oven to 350°F.
2. In a medium bowl, beat egg yolks; stir in sweetened condensed milk, real lemon, and rind.
3. Pour into crust.
4. In a small bowl, beat egg whites with cream of tartar until foamy.
5. Gradually add sugar until stiff but not dry.
6. Spread meringue on top of pie sealing carefully to edge of crust.
7. Bake 15 minutes or until meringue is golden brown.
8. Cool, chill before serving



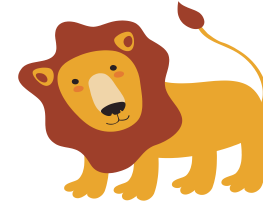
Quiz Answers:

- False – Chicks hatch in 21 days.
- True – A heat ray lamp can provide sufficient warmth from 15 to 20 inches above a small flock.
- True – Baby females are called "pullets".
- True – Females can lay their own eggs as early as 6 months old.





To: Miss Janice's Lions



A Lion's Tail

April 2013

Spring has Sprung!

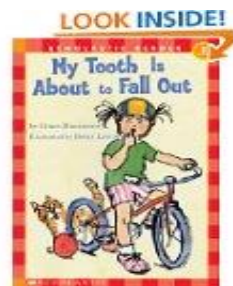
Yipppeee! For spring...and the Lions are more than ready. After many days indoors our Lion friends are ready to stretch their legs and challenge themselves outdoors. It has been a very productive winter. We've learned a lot and now we are ready to focus on enjoying the splendor of the season.

The Book Nook:

My Tooth is About To Fall Out

By Grace MacCarone

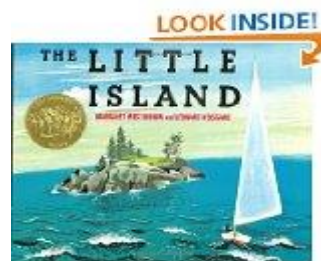
It wobbles. It wiggles. It jiggles. It jiggles. The creators of the bestseller Itchy, Itchy Chicken Pox are back with a fun-filled book about a young girl who's about to lose her first tooth. An irresistible easy-to-read book that will delight parents and children alike.



The Little Island

By Margaret Wise Brown

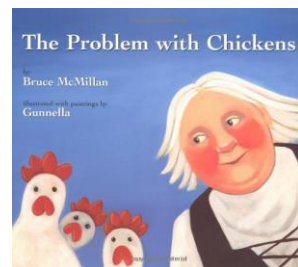
There is a little island in the ocean—and this book is about how it is on that little island, how the seasons and the storm and the day and night change it, how the lobsters and seals and gulls and everything else live on it, and what the kitten who comes to visit finds out about it.



The Problem With Chickens

By Bruce McMillan

The ladies of Iceland have a problem: the birds lay their eggs in nooks on the sides of steep cliffs, so the ladies have a very difficult time getting any of the eggs for baking. Full of fun and silliness, this lighthearted tale and vibrant illustrations are a delight.



Imagination Learning Center

Teacher: Miss Janice
Class: The Lions

What's Happening this Month?

Lessons:

- Story Structure
 - Infer/Predict
 - Letter Sounds V, Z
 - Blending Words
 - Context Clues
 - Subject-Verb Agrmnt.
 - Number & Body in Space
- Activities
- Adding Partners to find totals

Activities:

- April 16** Board of Directors Meeting
- May 1** Broccoli the Clown 10:30 am
- May 10** Muffins with Mom 6:30- 9:00 am
- May 18** ILC Bull Run Park Celebration

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