

IMAGINATION		SEPTEMBER 2012			LK PORTIONS
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<u>SEPTEMBER 3</u> LABOR DAY HOLIDAY !!!	<u>SEPTEMBER 4</u> VEGGIE NUGGETS, 4 EA W/ KETCHUP SWEET TENDER PEAS, 1/4 C BREAD STICKS, 1 EA CHILLED APPLESAUCE, 3/8 C	<u>SEPTEMBER 5</u> CHEESE SANDWICH ON 100% WHOLE GRAIN BREAD, 1/2 EA GREEN BEANS, 1/4 C CHILLED DICED PEACHES, 3/8 C	<u>SEPTEMBER 6</u> VEGETARIAN NACHO MEAL, 1 OZ W/ SHRED CHEDDAR CHEESE, 1/2 OZ CORN TORTILLA CHIPS, 1/4 C CARROT COINS, 1/4 C CHILLED APPLESAUCE, 3/8 C <u>TODS AND TWOS</u> ROLL	<u>SEPTEMBER 7</u> BREAKFAST FOR LUNCH !! FRENCH TOAST STICKS W/ SYRUP, 3 EA EGG PATTY, 1 EA CHILLED MIXED FRUIT, 3/8 C	
<u>SEPTEMBER 10</u> WHL GRAIN VEGETARIAN SPAGHETTI W/ MARINARA SAUCE, 1/2 C LO-FAT SHREDDED MOZZARELLA, 1 1/2 OZ CARROT COINS, 1/4 C CHILLED DICED PEARS, 3/8 C	<u>SEPTEMBER 11</u> VEGETARIAN BURGER, MORNING STAR, 1 EA ON A ROLL W/ KETCHUP SWEET YELLOW CORN, 1/4 C CHILLED MIXED FRUIT, 3/8 C <u>TODS AND TWOS</u> MIXED FRUIT IN JUICE	<u>SEPTEMBER 12</u> BLACK BEANS LO-FAT SHREDDED CHEDDAR , 1/2 OZ ULTRA GRAIN 6" TORTILLA, 1 EA STEAMED GREEN BEANS, 1/4 C CHILLED APPLESAUCE, 3/8 C	<u>SEPTEMBER 13</u> VEGGIE REFRIED BEANS, 1/2 C LO-FAT SHREDDED CHEDDAR , 1/2 OZ TOSSED SALAD W/ GREEN LEAF & SPINACH W/ CREAMY RANCH DRESSING, 1/4 C 100% WHOLE GRAIN BREAD, 1/2 SL FRESH ORANGE WEDGES, 2 PCS <u>TODS AND TWOS</u> GREEN PEAS CHILLED DICED PEARS	<u>SEPTEMBER 14</u> **BAKED ZITI** NO MEAT HAS SOY IN ITALIAN RED SAUCE SMOTHERED IN THREE CHEESES, 1/2 C 5- WAY VEG MEDLEY, 1/4 C ITALIAN BREAD, 1 SL CHILLED DICED PEACHES, 3/8 C	
<u>SEPTEMBER 17</u> MACARONI & CHEESE W/ WHOLE GRAINS, 1/2 C SWEET TENDER PEAS, 1/4 C 100% WHOLE GRAIN BREAD, 1/2 SL CHILLED DICED PEARS, 3/8 C	<u>SEPTEMBER 18</u> CHEESE SANDWICH ON 100% WHOLE GRAIN BREAD, 1/2 EA CARROT COINS, 1/4 C FRESH BANANA, 1/2 EA	<u>SEPTEMBER 19</u> WHOLE WHEAT PENNE PASTA W/ STEWED TOMATOES, 1/2 C LO-FAT SHREDDED MOZZARELLA, 1 1/2 OZ STEAMED GREEN BEANS, 1/4 C CHILLED APPLESAUCE, 3/8 C	<u>SEPTEMBER 20</u> CHEESE SANDWICH ON 100% WHOLE GRAIN BREAD, 1/2 EA CAESAR SALAD W/ ROMAINE DRESSING & PARMESAN, 1/4 C FRESH ORANGE WEDGES, 2 PCS <u>TODS AND TWOS</u> MIXED FRUIT IN JUICE 3-WAY HOT MIXED VEGGIE	<u>SEPTEMBER 21</u> VEGETARIAN ORZO, 1/2 C TOSSED SALAD W/ GREEN LEAF & SPINACH W/ CREAMY RANCH DRESSING, 1/4 C DINNER ROLL, 1 EA CHILLED DICED PEACHES, 3/8 C <u>TODS AND TWOS</u> GREEN BEANS	
<u>SEPTEMBER 24</u> PASTA ALFREDO PENNE PASTA W/ CREAMY ALFREDO SAUCE, 1/2 C CARROT COINS, 1/4 C CHILLED DICED PEARS, 3/8 C	<u>SEPTEMBER 25</u> VEGGIE NUGGETS, 4 EA GREEN BEANS, 1/4 C 100% WHOLE GRAIN BREAD, 1/2 SL CHILLED APPLESAUCE, 3/8 C	<u>SEPTEMBER 26</u> VEGETARIAN BLACK BEAN CHILI, 1/2 C DINNER ROLL, 1 EA 5-WAY HOT MIXED VEGETABLE, 1/4 C PINEAPPLE TIDBITS, 3/8 C <u>TODS AND TWOS</u> CHILLED DICED PEACHES	<u>SEPTEMBER 27</u> WHOLE WHEAT SPAGHETTI W/ MARINARA SAUCE, 1/2 C LO-FAT SHREDDED MOZZARELLA, 1 1/2 OZ TOSSED SALAD W/ GREEN LEAF & SPINACH W/ CREAMY RANCH DRESSING, 1/4 C FRESH BANANA, 1/2 EA <u>TODS AND TWOS</u> SWEET TENDER PEAS	<u>SEPTEMBER 28</u> MACARONI & CHEESE W/ WHOLE GRAINS, 1/2 C 5-WAY HOT MIXED VEGETABLE, 1/4 C CHILLED DICED PEACHES, 3/8 C	

Portions meet CACFP requirements for 3 to 5 year olds. All alternates discussed on an individual basis as needed.

Specializing in Day Care and School Lunch Programs and Business and Office Luncheons

6 oz milk required with each meal
