



# ImagiNation Learning Center Lunch Menu

## October 2012



1 Baked Chicken Patty Sandwich Ketchup, 1 each Sweet Peas, 1/4 cup Applesauce, 3/8 cup	2 Macaroni & Cheese, 1/2 cup Whole Grain Bread, 1/2 sliceMixed Vegetable, 1/4 cup Banana, 1/2 each	3 Turkey & Cheese Whole Wheat Bread Green Beans, 1/4 cup Diced Peaches 3/8 Cup	4 Ground Beef Nacho Meat, 1 oz. Shredded Cheddar Cheese, 1/2 oz. Tortilla Chips, 1/4 cup Carrots Coins 1/4 cup Applesauce, 3/8 cup <b>Tods &amp; Twos</b> Dinner Roll	5 French Toast Sticks w/ Syrup Turkey Sausage Links, 2 each Mixed Fruit, 3/8 cup
8 Teriyaki Chicken Strips, 3 each Brown Whole Grain Rice, 1/4 cup Carrot Coins, 1/4 cup Chilled Diced Pears, 3/8 cup	9 Beef Hamburger, 1 each w/ Catsup Sweet Yellow Corn, 1/4 cup Mixed Fruit, 3/8 cup <b>Tods &amp; Twos</b> Mixed Fruit	10 Chicken Strips w/ Fajita Seasoning 1 1/2 oz. Shredded Cheddar 1/2 oz. Soft Tortilla Green Beans, 1/4 cup Applesauce	11 Turkey Corn Dog Nuggets, 4 each w/ catsup Green Peas, 1/4 cup Fresh Orange Wedges, 2 each <b>Tods &amp; Twos</b> Chilled Diced Pears Green Peas	12 Baked Ziti in Red Sauce with 3 cheeses, 1/2 cup Vegetable Medley, 1/4 cup Italian Bread, 1 slice Chilled Diced Peaches
15 Macaroni & Cheese, 1/2 cup Sweet Peas, 1/4 cup Whole Grain Bread, 1/2 slice Diced Pears, 3/8 cup	16 Hawaiian Turkey Meatballs, 3 each Brown whole Grain Rice, 1/4 cup Carrot Coins, 1/4 cup Banana, 1/2 each	17 Whole Wheat Pasta with Bolognese Sauce, 1/2 cup Green Beans, 1/4 cup Applesauce, 3/8 cup	18 Baked Chicken Parmesan with Marinara Sauce/Cheeses, 1/2 cup Ceasar Salad with Dressing and Parmesan Cheese Orange Wedges, 2 pieces <b>Tods &amp; Twos:</b> Mixed Vegetable	19 Boneless Chicken Wing, 2 each Dinner Roll, 1 each Tossed Salad with Creamy Ranch Dressing, 1/4 cup Diced Peaches, 3/8 cup <b>Tods &amp; Twos</b> Green Beams
22 Creamy Chicken Alfredo, 1/2 cup Penne Pasta w/ Creamy Alfredo Sauce, Diced Breast of Chicken Carrot Coins, 1/4 cup Chilled Diced Pears, 3/8 cup	23 Whole Grain Breaded Chicken Nuggets w/ catsup, 3 each Whole Wheat Bread, 1/2 slice Green Beans, 1/4 cup Chilled Applesauce, 3/8 cup	24 Salisbury Steak w/Gravy, 1 each Mashed Potatoes, 1/4 cup Dinner Roll, 1 each Pineapple Tidbits, 3/8 cup <b>Tods &amp; Twos</b> Chilled Diced Peaches	25 Spaghetti w/ Meat Sauce 1/2 cup Tossed Salad Ranch Dressing 1/4 cup Banana, 1/2 each <b>Tods &amp; Twos</b> Green Peas	26 Macaroni & Cheese, 1/2 cup Mixed Vegetable, 1/4 cup Fresh Canteloupe, 1 slice
29 Baked Chicken Patty Sandwich Ketchup, 1 each Sweet Peas, 1/4 cup Applesauce, 3/8 cup	30 Macaroni & Cheese, 1/2 cup Whole Grain Bread, 1/2 sliceMixed Vegetable, 1/4 cup Banana, 1/2 each	31 Turkey & Cheese Whole Wheat Bread Green Beans, 1/4 cup Diced Peaches 3/8 Cup	Meals marked *** are vegetarian and the entrée meal contains no beef or poultry This menu contains no pork or peanut products	
Fairfax Food Service & Caterers PO BOX 418 Newington, VA 22122 (703)550-1820				