

IMAGINATION		DECEMBER 2012			LK PORTIONS
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<b>DECEMBER 3</b> WHL GRAIN VEGETARIAN SPAGHETTI  W/ MARINARA SAUCE, 1/2 C LO-FAT SHREDDED MOZZARELLA, 1 1/2 OZ CARROT COINS, 1/4 C CHILLED DICED PEARS, 3/8 C	<b>DECEMBER 4</b> VEGETARIAN BURGER, MORNING STAR, 1 EA ON A ROLL W/ KETCHUP SWEET YELLOW CORN, 1/4 C CHILLED MIXED FRUIT, 3/8 C <b>TODS AND TWOS</b> MIXED FRUIT IN JUICE	<b>DECEMBER 5</b> BLACK BEANS LO-FAT SHREDDED CHEDDAR , 1/2 OZ ULTRA GRAIN 6" TORTILLA, 1 EA STEAMED GREEN BEANS, 1/4 C CHILLED APPLESAUCE, 3/8 C	<b>DECEMBER 6</b> VEGGIE REFRIED BEANS, 1/2 C LO-FAT SHREDDED CHEDDAR , 1/2 OZ TOSSED SALAD W/ GREEN LEAF & SPINACH W/ CREAMY RANCH DRESSING, 1/4 C 100% WHOLE GRAIN BREAD, 1/2 SL FRESH ORANGE WEDGES, 2 PCS <b>TODS AND TWOS</b> GREEN PEAS CHILLED DICED PEARS	<b>DECEMBER 7</b> **BAKED ZITI** NO MEAT HAS SOY IN ITALIAN RED SAUCE SMOTHERED IN THREE CHEESES, 1/2 C 5- WAY HOT MIXED VEGETABLES ( HAS CORN), 1/4 C ITALIAN BREAD, 1 SL CHILLED DICED PEACHES, 3/8 C	
<b>DECEMBER 10</b> MACARONI & CHEESE W/ WHOLE GRAINS, 1/2 C SWEET TENDER PEAS, 1/4 C 100% WHOLE GRAIN BREAD, 1/2 SL CHILLED DICED PEARS, 3/8 C	<b>DECEMBER 11</b> CHEESE SANDWICH ON 100% WHOLE GRAIN BREAD, 1/2 EA CARROT COINS, 1/4 C FRESH BANANA, 1/2 EA	<b>DECEMBER 12</b> WHOLE WHEAT PENNE PASTA W/ STEWED TOMATOES, 1/2 C LO-FAT SHREDDED MOZZARELLA, 1 1/2 OZ STEAMED GREEN BEANS, 1/4 C CHILLED APPLESAUCE, 3/8 C	<b>DECEMBER 13</b> CHEESE SANDWICH ON 100% WHOLE GRAIN BREAD, 1/2 EA CAESAR SALAD W/ ROMAINE DRESSING & PARMESAN, 1/4 C FRESH ORANGE WEDGES, 2 PCS <b>TODS AND TWOS</b> MIXED FRUIT IN JUICE 3-WAY HOT MIXED VEGGIE	<b>DECEMBER 14</b> VEGETARIAN ORZO, 1/2 C TOSSED SALAD W/ GREEN LEAF & SPINACH W/ CREAMY RANCH DRESSING, 1/4 C WHEAT DINNER ROLL, 1 EA CHILLED DICED PEACHES, 3/8 C <b>TODS AND TWOS</b> GREEN BEANS	
<b>DECEMBER 17</b> PASTA ALFREDO PENNE PASTA W/ CREAMY ALFREDO SAUCE, 1/2 C CARROT COINS, 1/4 C CHILLED DICED PEARS, 3/8 C	<b>DECEMBER 18</b> VEGGIE NUGGETS, 4 EA GREEN BEANS, 1/4 C 100% WHOLE GRAIN BREAD, 1/2 SL CHILLED APPLESAUCE, 3/8 C	<b>DECEMBER 19</b> VEGETARIAN BLACK BEAN CHILI, 1/2 C WHEAT DINNER ROLL, 1 EA 5-WAY HOT MIXED VEGETABLE, 1/4 C PINEAPPLE TIDBITS, 3/8 C <b>TODS AND TWOS</b> CHILLED DICED PEACHES	<b>DECEMBER 20</b> WHOLE WHEAT SPAGHETTI W/ MARINARA SAUCE, 1/2 C LO-FAT SHREDDED MOZZARELLA, 1 1/2 OZ TOSSED SALAD W/ GREEN LEAF & SPINACH W/ CREAMY RANCH DRESSING, 1/4 C FRESH BANANA, 1/2 EA <b>TODS AND TWOS</b> SWEET TENDER PEAS	<b>DECEMBER 21</b> MACARONI & CHEESE W/ WHOLE GRAINS, 1/2 C 5-WAY HOT MIXED VEGETABLE, 1/4 C CHILLED DICED PEACHES, 3/8 C	
<b>DECEMBER 24</b>  <b>WINTER</b>  <b>HOLIDAY !!!</b>	<b>DECEMBER 25</b>  <b>WINTER HOLIDAY !!!!</b>	<b>DECEMBER 26</b> CHEESE SANDWICH ON 100% WHOLE GRAIN BREAD, 1/2 EA GREEN BEANS, 1/4 C CHILLED DICED PEACHES, 3/8 C	<b>DECEMBER 27</b> VEGETARIAN NACHO MEAL, 1 OZ W/ SHRED CHEDDAR CHEESE, 1/2 OZ CORN TORTILLA CHIPS, 1/4 C CARROT COINS, 1/4 C CHILLED APPLESAUCE, 3/8 C <b>TODS AND TWOS</b> ROLL	<b>DECEMBER 28</b> BREAKFAST FOR LUNCH !! FRENCH TOAST STICKS W/ SYRUP, 3 EA EGG PATTY, 1 EA CHILLED MIXED FRUIT, 3/8 C	
<b>DECEMBER 31</b> WHL GRAIN VEGETARIAN SPAGHETTI  W/ MARINARA SAUCE, 1/2 C LO-FAT SHREDDED MOZZARELLA, 1 1/2 OZ CARROT COINS, 1/4 C CHILLED DICED PEARS, 3/8 C					

Portions meet CACFP requirements for 3 to 5 year olds. All alternates discussed on an individual basis as needed.  
 Specializing in Day Care and School Lunch Programs and Business and Office Luncheons  
 6 oz milk required with each meal

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