

IMAGINATION		OCTOBER 2014			LK PORTIONS
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
		OCTOBER 1 TURKEY & CHEESE SANDWICH, 11/2 OZ 100% WHOLE WHEAT BREAD, 1/2 EA GREEN BEANS, 1/4 C CHILLED APPLESAUCE, 3/8 C	OCTOBER 2 MEXICAN NACHO FIESTA, 1/4 C (BEEF CRUMBLES) W/ SHRED CHEDDAR CHEESE, 1/2 OZ CORN TORTILLA CHIPS, 1/4 C CARROT COINS, 1/4 C CHILLED DICED PEARS IN JUICE, 3/8 C TODS AND TWOS WHEAT DINNER ROLL	OCTOBER 3 BREAKFAST FOR LUNCH !! DANIMALS VANILLA YOGURT, 1 EA FRENCH TOAST STICKS W/ SYRUP, 3 EA TURKEY SAUSAGE PATTY, 1 EA CHILLED MIXED FRUIT (NO PINEAPPLE), 3/8 C	
OCTOBER 6 ROASTED TERIYAKI CHICKEN STRIPS, 3 EA BRN WHL GRAIN RICE, 1/4 C CARROT COINS, 1/4 C CHILLED DICED PEARS IN JUICE, 3/8 C	OCTOBER 7 LEAN BEEF HAMBURGER PATTY, 1 EA WHEAT HAMBURGER ROLL, 1 EA W/ KETCHUP SWEET YELLOW CORN, 1/4 C CHILLED MIXED FRUIT (NO PINEAPPLE), 3/8 C	OCTOBER 8 CHICKEN FAJITAS , 1/3 C LO-FAT SHREDDED CHEDDAR , 1/2 OZ WHOLE WHEAT 6" TORTILLA, 1 EA GREEN BEANS, 1/4 C CHILLED APPLESAUCE, 3/8 C	OCTOBER 9 TURKEY CORN DOG NUGGETS, 4 EA W/ KETCHUP TOSSED SALAD W/ MIXED GREENS, CREAMY RANCH DRESSING, 1/4 C FRESH ORANGE WEDGES, 2 PCS TODS AND TWOS CHILLED DICED PEARS SWEET TENDER PEAS	OCTOBER 10 **BAKED ZITI** MEATLESS CONTAINS SOY ITALIAN RED SAUCE W/ THREE CHEESES, 1/2 C 5- WAY HOT MIXED VEGETABLES , 1/4 C ITALIAN BREAD, 1 SL CHILLED DICED PEACHES IN JUICE, 3/8 C	
OCTOBER 13 STOUFFERS MACARONI & CHEESE W/ WHOLE GRAINS, 1/2 C SWEET TENDER PEAS, 1/4 C 100% WHOLE GRAIN BREAD, 1/2 SL CHILLED DICED PEARS IN JUICE, 3/8 C	OCTOBER 14 PIZZA PASTA BAKE GROUND BEEF, CHICKEN & BEEF PEPPERONI, TOMATO SAUCE, PASTA, 1/2 C CARROT COINS, 1/4 C FRESH BANANA, 1/2 EA	OCTOBER 15 ALL NEW SLOPPY JOES, 1/3 C WHEAT HAMBURGER ROLL, 1 EA SWEET YELLOW CORN, 1/4 C CHILLED APPLESAUCE, 3/8 C	OCTOBER 16 WHOLE GRAIN CHICKEN BITES W/ KETCHUP, 3 EA 100% WHOLE GRAIN BREAD, 1/2 SL STEAMED GREEN BEANS, 1/4 C CHILLED MIXED FRUIT (NO PINEAPPLE), 3/8 C	OCTOBER 17 GRILLED CHICKEN BREAST SANDWICH, 1 EA WHEAT HAMBURGER ROLL W/ KETCHUP, 1 EA SWEET YELLOW CORN, 1/4 C CHILLED DICED PEACHES IN JUICE, 3/8 C	
OCTOBER 20 HAMBURGER NOODLE BAKE GROUND BEEF, PASTA, CHEESES, TOMATO SAUCE, 1/2 C LO-FAT SHREDDED CHEDDAR , 1/2 OZ 100% WHOLE GRAIN BREAD, 1/2 SL STEAMED GREEN BEANS, 1/4 C CHILLED DICED PEARS IN JUICE, 3/8 C	OCTOBER 21 TURKEY & AMERICAN CHEESE 100% WHOLE GRAIN BREAD, 1/2 EA MAYO & MUSTARD ON SIDE CARROT COINS, 1/4 C CHILLED APPLESAUCE, 3/8 C	OCTOBER 22 COUNTRY STYLE SALISBURY STEAK W/ LOW SODIUM GRAVY, 1 EA SAVORY MASHED POTATOES, 1/4 C WHEAT DINNER ROLL, 1 EA PINEAPPLE TIDBITS IN JUICE, 3/8 C TODS AND TWOS DICED PEACHES IN JUICE	OCTOBER 23 WHL GRAIN SPAGHETTI PASTA W/BEEF & TURKEY CRUMBLE MEAT MARINARA W/ MARINARA MEAT SAUCE, 1/2 C TOSSED SALAD W/ MIXED GREENS, CREAMY RANCH DRESSING, 1/4 C FRESH BANANA, 1/2 EA TODS AND TWOS SWEET TENDER PEAS	OCTOBER 24 CHICKEN BREAST CHUNK BONELESS WING DING, 2 EA W/ KETCHUP WHEAT DINNER ROLL, 1 EA 5- WAY HOT MIXED VEGETABLES , 1/4 C CHILLED DICED PEACHES IN JUICE, 3/8 C	
OCTOBER 27 OVEN BAKED CHICKEN BREAST PATTY SANDWICH, 1 EA WHEAT HAMBURGER ROLL, 1 EA W/ KETCHUP, 0 C SWEET TENDER PEAS, 1/4 C CHILLED APPLESAUCE, 3/8 C	OCTOBER 28 STOUFFERS MACARONI & CHEESE W/ WHOLE GRAINS, 1/2 C 100% WHOLE GRAIN BREAD, 1/2 SL 3-WAY HOT MIXED VEGGIE , 1/4 C FRESH BANANA, 1/2 EA	OCTOBER 29 TURKEY & CHEESE SANDWICH, 11/2 OZ 100% WHOLE WHEAT BREAD, 1/2 EA GREEN BEANS, 1/4 C CHILLED APPLESAUCE, 3/8 C	OCTOBER 30 MEXICAN NACHO FIESTA, 1/4 C (BEEF CRUMBLES) W/ SHRED CHEDDAR CHEESE, 1/2 OZ CORN TORTILLA CHIPS, 1/4 C CARROT COINS, 1/4 C CHILLED DICED PEARS IN JUICE, 3/8 C TODS AND TWOS WHEAT DINNER ROLL	OCTOBER 31 BREAKFAST FOR LUNCH !! DANIMALS VANILLA YOGURT, 1 EA FRENCH TOAST STICKS W/ SYRUP, 3 EA TURKEY SAUSAGE PATTY, 1 EA CHILLED MIXED FRUIT (NO PINEAPPLE), 3/8 C	
Portions meet CACFP requirements for 3 to 5 year olds. All alternates discussed on an individual basis as needed. Specializing in Day Care and School Lunch Programs and Business and Office Luncheons 6 oz milk required with each meal					