

| IMAGINATION II VEGGIE MENU   |   | JULY 2014   |   |  | LK PORTIONS |
|--|---|---|---|--|-------------|
| MONDAY   | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY   |             |
|  | <b>JULY 1</b><br>CHEESE SANDWICH ON WHEAT BREAD, 1/2 EA<br>MAYO ON THE SIDE<br>CARROT COINS, 1/4 C<br>CHILLED APPLESAUCE, 3/8 C                                       | <b>JULY 2</b><br>CHEDDAR CHEESE SUB SANDWICH, 1/2 EA<br>NATURAL CHEDDAR CHEESE SLICE, 1/2 OZ<br>MAYO ON THE SIDE<br>SCANDANAVIAN BLEND, 1/4 C<br>PINEAPPLE TIDBITS IN JUICE, 3/8 C<br><b>TODS AND TWOS</b><br>DICED PEACHES IN JUICE  | <b>JULY 3</b><br>WHL GRAIN VEGETARIAN SPAGHETTI<br>W/ MARINARA SAUCE, 1/2 C<br>LO-FAT SHREDDED MOZZARELLA, 11/2 OZ<br>TOSSED SALAD W/ MIXED GREENS, CREAMY RANCH DRESSING, 1/4 C<br>FRESH BANANA, 1/2 EA<br><b>TODS AND TWOS</b><br>SWEET TENDER PEAS                         | <b>JULY 4</b><br><b>HAPPY 4TH OF JULY !!!!!</b>  |             |
| <b>JULY 7</b><br>VEGETARIAN BURGER, MORNING STAR, 1 EA<br>WHEAT HAMBURGER ROLL W/ KETCHUP, 1 EA<br>SWEET TENDER PEAS, 1/4 C<br>CHILLED APPLESAUCE, 3/8 C   | <b>JULY 8</b><br><b>STOUFFERS</b> MACARONI & CHEESE W/ WHOLE GRAINS, 1/2 C<br>3-WAY HOT MIXED VEGGIE, 1/4 C<br>100% WHOLE GRAIN BREAD, 1/2 SL<br>FRESH BANANA, 1/2 EA | <b>JULY 9</b><br>CHEDDAR CHEESE SANDWICH ON 100% WHOLE GRAIN BREAD, 1/2 EA<br>CHEDDAR CHEESE, 11/2 OZ<br>MAYO ON THE SIDE<br>GREEN BEANS, 1/4 C<br>CHILLED APPLESAUCE, 3/8 C  | <b>JULY 10</b><br>VEGGIE NACHO MEAL, 1/4 C<br>W/ SHRED CHEDDAR CHEESE, 1/2 OZ<br>CORN TORTILLA CHIPS, 1/4 C<br>BABY CARROTS W/DIP, 1/4 C<br>CHILLED DICED PEARS IN JUICE, 3/8 C<br><b>TODS AND TWOS</b><br>WHEAT DINNER ROLL<br>CARROT COINS                                  | <b>JULY 11</b><br>BREAKFAST FOR LUNCH !!<br>DANIMALS VANILLA YOGURT, 1 EA<br>FRENCH TOAST STICKS W/ SYRUP, 3 EA<br>VEGGIE SAUSAGE PATTY, 1 EA<br>CHILLED MIXED FRUIT (NO PINEAPPLE), 3/8 C   |             |
| <b>JULY 14</b><br>VEGGIE EGG ROLL, 2 EA<br>WHOLE GRAIN RICE, 1/4 C<br>CARROT COINS, 1/4 C<br>CHILLED DICED PEARS IN JUICE, 3/8 C   | <b>JULY 15</b><br>VEGETARIAN BURGER, MORNING STAR, 1 EA<br>ON A ROLL, 1 EA<br>W/ KETCHUP<br>SWEET YELLOW CORN, 1/4 C<br>CHILLED MIXED FRUIT (NO PINEAPPLE), 3/8 C     | <b>JULY 16</b><br>BLACK BEANS, 1/2 C<br>LO-FAT SHREDDED CHEDDAR, 1/2 OZ<br>100% WHOLE GRAIN BREAD, 1/2 SL<br>STEAMED GREEN BEANS, 1/4 C<br>CHILLED APPLESAUCE, 3/8 C  | <b>JULY 17</b><br>VEGGIE REFRIED BEANS, 1/2 C<br>LO-FAT SHREDDED CHEDDAR, 1/2 OZ<br>TOSSED SALAD W/ MIXED GREENS, CREAMY RANCH DRESSING, 1/4 C<br>100% WHOLE GRAIN BREAD, 1/2 SL<br>FRESH ORANGE WEDGES, 2 PKTS<br><b>TODS AND TWOS</b><br>GREEN PEAS<br>DICED PEARS IN JUICE | <b>JULY 18</b><br><b>**BAKED ZITI**</b> MEATLESS CONTAINS SOY<br>ITALIAN RED SAUCE<br>W/ THREE CHEESES, 1/2 C<br>5- WAY HOT MIXED VEGETABLES, 1/4 C<br>ITALIAN BREAD, 1 SL<br>SEEDLESS WATERMELON, 1SL<br><b>TODS &amp; TWOS</b><br>PEACHES IN JUICE |             |
| <b>JULY 21</b><br>MACARONI & CHEESE W/ WHOLE GRAINS, 1/2 C<br>SWEET TENDER PEAS, 1/4 C<br>100% WHOLE GRAIN BREAD, 1/2 SL<br>CHILLED DICED PEARS IN JUICE, 3/8 C  | <b>JULY 22</b><br>ASIAN SWEET & SOUR CHICKEN-FREE STRIPS, 1/3 C<br>WHOLE GRAIN RICE, 1/4 C<br>CARROT COINS, 1/4 C<br>FRESH BANANA, 1/2 EA                             | <b>JULY 23</b><br>WHOLE WHEAT PENNE PASTA W/ STEWED TOMATOES, 1/2 C<br>PARMESAN CHEESE, 11/2 OZ<br>STEAMED GREEN BEANS, 1/4 C<br>CHILLED APPLESAUCE, 3/8 C  | <b>JULY 24</b><br>VEGGIE NUGGETS, 4 EA<br>W/ KETCHUP<br>100% WHOLE WHEAT BREAD, 1/2 SL<br>STEAMED GREEN BEANS, 1/4 C<br>CHILLED MIXED FRUIT (NO PINEAPPLE), 3/8 C   | <b>JULY 25</b><br>NATURAL CHEDDAR CHEESE SANDWICH ON 100% WHOLE GRAIN BREAD, 1/2 EA<br>NATURAL CHEDDAR CHEESE SLICE, 11/2 OZ<br>SWEET YELLOW CORN, 1/4 C<br>CHILLED DICED PEACHES IN JUICE, 3/8 C  |             |
| <b>JULY 28</b><br>LENTIL VEGETABLE STEW, 1/2 C<br>W/ CARROTS & PEAS<br>100% WHOLE GRAIN BREAD, 1/2 SL<br>STEAMED GREEN BEANS, 1/4 C<br>CHILLED DICED PEARS IN JUICE, 3/8 C   | <b>JULY 29</b><br>CHEESE SANDWICH ON WHEAT BREAD, 1/2 EA<br>MAYO ON THE SIDE<br>CARROT COINS, 1/4 C<br>CHILLED APPLESAUCE, 3/8 C                                      | <b>JULY 30</b><br>CHEDDAR CHEESE SUB SANDWICH, 1/2 EA<br>NATURAL CHEDDAR CHEESE SLICE, 1/2 OZ<br>MAYO ON THE SIDE<br>SCANDANAVIAN BLEND, 1/4 C<br>PINEAPPLE TIDBITS IN JUICE, 3/8 C<br><b>TODS AND TWOS</b><br>DICED PEACHES IN JUICE | <b>JULY 31</b><br>WHL GRAIN VEGETARIAN SPAGHETTI<br>W/ MARINARA SAUCE, 1/2 C<br>LO-FAT SHREDDED MOZZARELLA, 11/2 OZ<br>TOSSED SALAD W/ MIXED GREENS, CREAMY RANCH DRESSING, 1/4 C<br>FRESH BANANA, 1/2 EA<br><b>TODS AND TWOS</b><br>SWEET TENDER PEAS                        |  |             |
| Portions meet CACFP requirements for 3 to 5 year olds. All alternates discussed on an individual basis as needed.<br>Specializing in Day Care and School Lunch Programs and Business and Office Luncheons<br>6 oz milk required with each meal |   |   |   |  |             |