

IMAGINATION		JANUARY 2014			LK PORTIONS
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
		<u>JANUARY 1</u> HAPPY NEW YEAR !!!	<u>JANUARY 2</u> VEGGIE REFRIED BEANS, 1/2 C LO-FAT SHREDDED CHEDDAR , 1/2 OZ TOSSED SALAD W/ MIXED GREENS, CREAMY RANCH DRESSING, 1/4 C 100% WHOLE GRAIN BREAD, 1/2 SL FRESH ORANGE WEDGES, 2 PCS <u>TODS AND TWOS</u> GREEN PEAS CHILLED DICED PEARS	<u>JANUARY 3</u> **BAKED ZITI** MEATLESS CONTAINS SOY IN ITALIAN RED SAUCE SMOTHERED IN THREE CHEESES, 1/2 C 5- WAY HOT MIXED VEGETABLES (HAS CORN), 1/4 C ITALIAN BREAD, 1 SL CHILLED DICED PEACHES, 3/8 C	
<u>JANUARY 6</u> STOUFFERS MACARONI & CHEESE W/ WHOLE GRAINS, 1/2 C SWEET TENDER PEAS, 1/4 C 100% WHOLE GRAIN BREAD, 1/2 SL CHILLED DICED PEARS, 3/8 C	<u>JANUARY 7</u> SAUTEED POLENTA W/ SWEET PEPPER SAUCE, 1/3 C WHOLE GRAIN RICE, 1/4 C CARROT COINS, 1/4 C FRESH BANANA, 1/2 EA	<u>JANUARY 8</u> WHOLE WHEAT PENNE PASTA W/ STEWED TOMATOES, 1/2 C PARMESAN CHEESE, 1 1/2 OZ STEAMED GREEN BEANS, 1/4 C CHILLED APPLESAUCE, 3/8 C	<u>JANUARY 9</u> VEGGIE NUGGETS, 4 EA W/ KETCHUP 100% WHOLE GRAIN BREAD, 1/2 SL GREEN BEANS, 1/4 C CHILLED MIXED FRUIT (NO PINEAPPLE), 3/8 C	<u>JANUARY 10</u> NATURAL CHEDDAR CHEESE SANDWICH ON 100% WHOLE GRAIN BREAD, 1/2 EA NATURAL CHEDDAR CHEESE SLICE , 1 1/2 OZ SWEET YELLOW CORN, 1/4 C CHILLED DICED PEACHES, 3/8 C	
<u>JANUARY 13</u> LENTIL VEGETABLE STEW W/ CARROTS & PEAS, 1/2 C 100% WHOLE GRAIN BREAD, 1/2 SL STEAMED GREEN BEANS, 1/4 C CHILLED DICED PEARS, 3/8 C	<u>JANUARY 14</u> STIR FRY TOFU, 1/3 C WHOLE GRAIN RICE, 1/4 C CARROT COINS, 1/4 C CHILLED APPLESAUCE, 3/8 C	<u>JANUARY 15</u> CHEDDAR CHEESE SUB SANDWICH, 1/2 EA NATURAL CHEDDAR CHEESE SLICE , 1 1/2 OZ MAYO ON THE SIDE SCANDANAVIAN BLEND, 1/4 C PINEAPPLE TIDBITS, 3/8 C <u>TODS AND TWOS</u> CHILLED DICED PEACHES	<u>JANUARY 16</u> WHOLE WHEAT SPAGHETTI W/ MARINARA SAUCE, 1/2 C LO-FAT SHREDDED MOZZARELLA, 1 1/2 OZ TOSSED SALAD W/ MIXED GREENS, CREAMY RANCH DRESSING, 1/4 C FRESH BANANA, 1/2 EA <u>TODS AND TWOS</u> SWEET TENDER PEAS	<u>JANUARY 17</u> CORN FRITTERS, 2 EA W/ KETCHUP CHEDDAR CHEESE STICK, 1 EA 5- WAY HOT MIXED VEGETABLES (HAS CORN), 1/4 C CHILLED DICED PEACHES, 3/8 C	
<u>JANUARY 20</u> VEGETARIAN BURGER, MORNING STAR, 1 EA WHEAT HAMBURGER ROLL W/ KETCHUP, 1 EA SWEET TENDER PEAS, 1/4 C CHILLED APPLESAUCE, 3/8 C	<u>JANUARY 21</u> MACARONI & CHEESE W/ WHOLE GRAINS, 1/2 C 100% WHOLE GRAIN BREAD, 1/2 SL 3-WAY HOT MIXED VEGGIE , 1/4 C FRESH BANANA, 1/2 EA	<u>JANUARY 22</u> CHEDDAR CHEESE SANDWICH ON 100% WHOLE GRAIN BREAD, 1/2 EA GREEN BEANS, 1/4 C CHILLED DICED PEACHES, 3/8 C	<u>JANUARY 23</u> VEGETARIAN MEXICAN NACHO FIESTA, 1 OZ W/ SHRED CHEDDAR CHEESE, 1/2 OZ CORN TORTILLA CHIPS, 1/4 C FRESH BABY CARROTS W/RANCH DIP, 1/4 C CHILLED APPLESAUCE, 3/8 C <u>TODS AND TWOS</u> WHEAT DINNER ROLL CARROT COINS	<u>JANUARY 24</u> BREAKFAST FOR LUNCH !! DANIMALS VANILLA YOGURT, 1 EA FRENCH TOAST STICKS W/ SYRUP, 3 EA VEGGIE SAUSAGE PATTY, 1 EA CHILLED MIXED FRUIT (NO PINEAPPLE), 3/8 C	
<u>JANUARY 27</u> VEGGIE EGG ROLL, 2 EA WHOLE GRAIN RICE, 1/4 C CARROT COINS, 1/4 C CHILLED DICED PEARS, 3/8 C	<u>JANUARY 28</u> VEGETARIAN BURGER, MORNING STAR, 1 EA WHEAT HAMBURGER ROLL, 1 EA W/ KETCHUP SWEET YELLOW CORN, 1/4 C CHILLED MIXED FRUIT (NO PINEAPPLE), 3/8 C	<u>JANUARY 29</u> BLACK BEANS LO-FAT SHREDDED CHEDDAR , 1/2 OZ ULTRA GRAIN 6" TORTILLA, 1 EA STEAMED GREEN BEANS, 1/4 C CHILLED APPLESAUCE, 3/8 C	<u>JANUARY 30</u> VEGGIE REFRIED BEANS, 1/2 C LO-FAT SHREDDED CHEDDAR , 1/2 OZ TOSSED SALAD W/ MIXED GREENS, CREAMY RANCH DRESSING, 1/4 C 100% WHOLE GRAIN BREAD, 1/2 SL FRESH ORANGE WEDGES, 2 PCS <u>TODS AND TWOS</u> GREEN PEAS CHILLED DICED PEARS	<u>JANUARY 31</u> **BAKED ZITI** MEATLESS CONTAINS SOY IN ITALIAN RED SAUCE SMOTHERED IN THREE CHEESES, 1/2 C 5- WAY HOT MIXED VEGETABLES (HAS CORN), 1/4 C ITALIAN BREAD, 1 SL CHILLED DICED PEACHES, 3/8 C	
Portions meet CACFP requirements for 3 to 5 year olds. All alternates discussed on an individual basis as needed. Specializing in Day Care and School Lunch Programs and Business and Office Luncheons 6 oz milk required with each meal					