

IMAGINATION II VEGGIE MENU		AUGUST 2014			LK PORTIONS
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
				AUGUST 1 CORN FRITTERS, 2 EA W/ KETCHUP CHEDDAR CHEESE STICK, 1 EA 5- WAY HOT MIXED VEGETABLES , 1/4 C FRESH CANTALOUPE, 1SL	
AUGUST 4 VEGETARIAN BURGER, MORNING STAR, 1 EA WHEAT HAMBURGER ROLL W/ KETCHUP, 1 EA SWEET TENDER PEAS, 1/4 C CHILLED APPLESAUCE, 3/8 C	AUGUST 5 STOUFFERS MACARONI & CHEESE W/ WHOLE GRAINS, 1/2 C 3-WAY HOT MIXED VEGGIE , 1/4 C 100% WHOLE GRAIN BREAD, 1/2 SL FRESH BANANA, 1/2 EA	AUGUST 6 CHEDDAR CHEESE SANDWICH ON 100% WHOLE GRAIN BREAD, 1/2 EA CHEDDAR CHEESE, 1 1/2 OZ MAYO ON THE SIDE GREEN BEANS, 1/4 C CHILLED APPLESAUCE, 3/8 C	AUGUST 7 VEGGIE NACHO MEAL, 1/4 C W/ SHRED CHEDDAR CHEESE, 1/2 OZ CORN TORTILLA CHIPS, 1/4 C BABY CARROTS W/DIP, 1/4 C CHILLED DICED PEARS IN JUICE, 3/8 C TODS AND TWOS WHEAT DINNER ROLL CARROT COINS	AUGUST 8 BREAKFAST FOR LUNCH !! DANIMALS VANILLA YOGURT, 1 EA FRENCH TOAST STICKS W/ SYRUP, 3 EA VEGGIE SAUSAGE PATTY, 1 EA CHILLED MIXED FRUIT (NO PINEAPPLE), 3/8 C	
AUGUST 11 VEGGIE EGG ROLL, 2 EA WHOLE GRAIN RICE, 1/4 C CARROT COINS, 1/4 C CHILLED DICED PEARS IN JUICE, 3/8 C	AUGUST 12 VEGETARIAN BURGER, MORNING STAR, 1 EA ON A ROLL, 1 EA W/ KETCHUP SWEET YELLOW CORN, 1/4 C CHILLED MIXED FRUIT (NO PINEAPPLE), 3/8 C	AUGUST 13 BLACK BEANS, 1/2 C LO-FAT SHREDDED CHEDDAR , 1/2 OZ 100% WHOLE GRAIN BREAD, 1/2 SL STEAMED GREEN BEANS, 1/4 C CHILLED APPLESAUCE, 3/8 C	AUGUST 14 VEGGIE REFRIED BEANS, 1/2 C LO-FAT SHREDDED CHEDDAR , 1/2 OZ TOSSED SALAD W/ MIXED GREENS, CREAMY RANCH DRESSING, 1/4 C 100% WHOLE GRAIN BREAD, 1/2 SL FRESH ORANGE WEDGES, 2 PKTS TODS AND TWOS GREEN PEAS DICED PEARS IN JUICE	AUGUST 15 **BAKED ZITI** MEATLESS CONTAINS SOY ITALIAN RED SAUCE W/ THREE CHEESES, 1/2 C 5- WAY HOT MIXED VEGETABLES , 1/4 C ITALIAN BREAD, 1 SL FRESH CANTALOUPE, 1SL	
AUGUST 18 MACARONI & CHEESE W/ WHOLE GRAINS, 1/2 C SWEET TENDER PEAS, 1/4 C 100% WHOLE GRAIN BREAD, 1/2 SL CHILLED DICED PEARS IN JUICE, 3/8 C	AUGUST 19 ASIAN SWEET & SOUR CHICKEN-FREE STRIPS , 1/3 C WHOLE GRAIN RICE, 1/4 C CARROT COINS, 1/4 C FRESH BANANA, 1/2 EA	AUGUST 20 WHOLE WHEAT PENNE PASTA W/ STEWED TOMATOES, 1/2 C PARMESAN CHEESE, 1 1/2 OZ STEAMED GREEN BEANS, 1/4 C CHILLED APPLESAUCE, 3/8 C	AUGUST 21 VEGGIE NUGGETS, 4 EA W/ KETCHUP 100% WHOLE WHEAT BREAD, 1/2 SL STEAMED GREEN BEANS, 1/4 C CHILLED MIXED FRUIT (NO PINEAPPLE), 3/8 C	AUGUST 22 NATURAL CHEDDAR CHEESE SANDWICH ON 100% WHOLE GRAIN BREAD, 1/2 EA NATURAL CHEDDAR CHEESE SLICE , 1 1/2 OZ SWEET YELLOW CORN, 1/4 C CHILLED DICED PEACHES IN JUICE, 3/8 C	
AUGUST 25 LENTIL VEGETABLE STEW, 1/2 C W/ CARROTS & PEAS 100% WHOLE GRAIN BREAD, 1/2 SL STEAMED GREEN BEANS, 1/4 C CHILLED DICED PEARS IN JUICE, 3/8 C	AUGUST 26 CHEESE SANDWICH ON WHEAT BREAD, 1/2 EA MAYO ON THE SIDE CARROT COINS, 1/4 C CHILLED APPLESAUCE, 3/8 C	AUGUST 27 CHEDDAR CHEESE SUB SANDWICH, 1/2 EA NATURAL CHEDDAR CHEESE SLICE , 1/2 OZ MAYO ON THE SIDE SCANDANAVIAN BLEND, 1/4 C PINEAPPLE TIDBITS IN JUICE, 3/8 C TODS AND TWOS DICED PEACHES IN JUICE	AUGUST 28 WHL GRAIN VEGETARIAN SPAGHETTI W/ MARINARA SAUCE, 1/2 C LO-FAT SHREDDED MOZZARELLA, 1 1/2 OZ TOSSED SALAD W/ MIXED GREENS, CREAMY RANCH DRESSING, 1/4 C FRESH BANANA, 1/2 EA TODS AND TWOS SWEET TENDER PEAS	AUGUST 29 CORN FRITTERS, 2 EA W/ KETCHUP CHEDDAR CHEESE STICK, 1 EA 5- WAY HOT MIXED VEGETABLES , 1/4 C FRESH CANTALOUPE, 1SL	

Portions meet CACFP requirements for 3 to 5 year olds. All alternates discussed on an individual basis as needed. Specializing in Day Care and School Lunch Programs and Business and Office Luncheons 6 oz milk required with each meal
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