

IMAGINATION		OCTOBER 2013			LK PORTIONS
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	<b>OCTOBER 1</b> <b>STOUFFERS</b> MACARONI & CHEESE W/ WHOLE GRAINS, 1/2 C 100% WHOLE GRAIN BREAD, 1/2 SL 3-WAY HOT MIXED VEGGIE , 1/4 C FRESH BANANA, 1/2 EA	<b>OCTOBER 2</b> TURKEY & CHEESE SANDWICH, 1 1/2 OZ 100% WHOLE WHEAT BREAD, 1/2 EA GREEN BEANS, 1/4 C CHILLED DICED PEACHES, 3/8 C	<b>OCTOBER 3</b> MEXICAN NACHO FIESTA, 1/4 C (BEEF CRUMBLES) W/ SHRED CHEDDAR CHEESE, 1/2 OZ CORN TORTILLA CHIPS, 1/4 C CARROT COINS, 1/4 C CHILLED APPLESAUCE, 3/8 C <b>TODS AND TWOS</b> WHEAT DINNER ROLL	<b>OCTOBER 4</b> BREAKFAST FOR LUNCH !! DANIMALS VANILLA YOGURT, 1 EA FRENCH TOAST STICKS W/ SYRUP, 3 EA TURKEY SAUSAGE PATTY, 1EA CHILLED MIXED FRUIT (NO PINEAPPLE), 3/8 C	
<b>OCTOBER 7</b> ROASTED TERIYAKI CHICKEN STRIPS, 3 EA BRN WHL GRAIN RICE, 1/4 C CARROT COINS, 1/4 C CHILLED DICED PEARS, 3/8 C	<b>OCTOBER 8</b> LEAN BEEF HAMBURGER PATTY, 1 EA WHEAT HAMBURGER ROLL, 1 EA W/ KETCHUP SWEET YELLOW CORN, 1/4 C CHILLED MIXED FRUIT (NO PINEAPPLE), 3/8 C	<b>OCTOBER 9</b> CHICKEN FAJITAS , 1/3 C LO-FAT SHREDDED CHEDDAR , 1/2 OZ ULTRA GRAIN 6" TORTILLA, 1 EA GREEN BEANS, 1/4 C CHILLED APPLESAUCE, 3/8 C	<b>OCTOBER 10</b> TURKEY CORN DOG NUGGETS, 4 EA W/ KETCHUP TOSSED SALAD W/ MIXED GREENS, CREAMY RANCH DRESSING, 1/4 C FRESH ORANGE WEDGES, 2 PCS <b>TODS AND TWOS</b> CHILLED DICED PEARS SWEET TENDER PEAS	<b>OCTOBER 11</b> **BAKED ZITI** NO MEAT HAS SOY IN ITALIAN RED SAUCE SMOTHERED IN THREE CHEESES, 1/2 C 5- WAY HOT MIXED VEGETABLES ( HAS CORN), 1/4 C ITALIAN BREAD, 1 SL CHILLED DICED PEACHES, 3/8 C	
<b>OCTOBER 14</b> <b>STOUFFERS</b> MACARONI & CHEESE W/ WHOLE GRAINS, 1/2 C SWEET TENDER PEAS, 1/4 C 100% WHOLE GRAIN BREAD, 1/2 SL CHILLED DICED PEARS, 3/8 C	<b>OCTOBER 15</b> ASIAN SWEET & SOUR CHICKEN DICED CHICKEN BREAST , 1/3 C WHOLE GRAIN RICE, 1/4 C CARROT COINS, 1/4 C FRESH BANANA, 1/2 EA	<b>OCTOBER 16</b> WHOEL WHEAT PENNE PASTA BOLOGNESE, 1/2C BEEF CRUMBLES & STEWED TOMATOES 3-WAY HOT MIXED VEGGIE , 1/4 C CHILLED APPLESAUCE, 3/8 C	<b>OCTOBER 17</b> WHOLE GRAIN CHICKEN BITES W/ KETCHUP, 3 EA 100% WHOLE GRAIN BREAD, 1/2 SL STEAMED GREEN BEANS, 1/4 C CHILLED MIXED FRUIT (NO PINEAPPLE), 3/8 C	<b>OCTOBER 18</b> GRILLED CHICKEN FILET SANDWICH, 1 EA WHEAT HAMBURGER ROLL W/ KETCHUP, 1 EA SWEET YELLOW CORN, 1/4 C CHILLED DICED PEACHES, 3/8 C	
<b>OCTOBER 21</b> MEATBALL STEW ALL BEEF MEATBALLS, POTATOES, CARROTS, 1/2 C 100% WHOLE GRAIN BREAD, 1/2 SL STEAMED GREEN BEANS, 1/4 C CHILLED DICED PEARS, 3/8 C	<b>OCTOBER 22</b> NEW ORLEANS STYLE CAJUN CHICKEN DICED CHICKEN BREAST, DICED PEPPER & ONIONS, 1/3 C WHOLE GRAIN RICE, 1/4 C CARROT COINS, 1/4 C CHILLED APPLESAUCE, 3/8 C	<b>OCTOBER 23</b> COUNTRY STYLE SALISBURY STEAK W/ LOW SODIUM GRAVY, 1 EA SAVORY MASHED POTATOES, 1/4 C WHEAT DINNER ROLL, 1 EA PINEAPPLE TIDBITS, 3/8 C <b>TODS AND TWOS</b> CHILLED DICED PEACHES	<b>OCTOBER 24</b> WHL GRAIN SPAGHETTI PASTA W/BEEF & TURKEY CRUMBLE MEAT MARINARA W/ MARINARA MEAT SAUCE, 1/2 C TOSSED SALAD W/ MIXED GREENS, CREAMY RANCH DRESSING, 1/4 C FRESH BANANA, 1/2 EA <b>TODS AND TWOS</b> SWEET TENDER PEAS	<b>OCTOBER 25</b> CHICKEN BREAST CHUNK BONELESS WING DING, 2 EA W/ KETCHUP WHEAT DINNER ROLL, 1 EA 5- WAY HOT MIXED VEGETABLES ( HAS CORN), 1/4 C CHILLED DICED PEACHES, 3/8 C	
<b>OCTOBER 28</b> OVEN BAKED CHICKEN BREAST PATTY SANDWICH, 1 EA WHEAT HAMBURGER ROLL, 1 EA W/ KETCHUP, 0 C SWEET TENDER PEAS, 1/4 C CHILLED APPLESAUCE, 3/8 C	<b>OCTOBER 29</b> <b>STOUFFERS</b> MACARONI & CHEESE W/ WHOLE GRAINS, 1/2 C 100% WHOLE GRAIN BREAD, 1/2 SL 3-WAY HOT MIXED VEGGIE , 1/4 C FRESH BANANA, 1/2 EA	<b>OCTOBER 30</b> TURKEY & CHEESE SANDWICH, 1 1/2 OZ 100% WHOLE WHEAT BREAD, 1/2 EA GREEN BEANS, 1/4 C CHILLED DICED PEACHES, 3/8 C	<b>OCTOBER 31</b> MEXICAN NACHO FIESTA, 1/4 C (BEEF CRUMBLES) W/ SHRED CHEDDAR CHEESE, 1/2 OZ CORN TORTILLA CHIPS, 1/4 C CARROT COINS, 1/4 C CHILLED APPLESAUCE, 3/8 C <b>TODS AND TWOS</b> WHEAT DINNER ROLL		

Portions meet CACFP requirements for 3 to 5 year olds. All alternates discussed on an individual basis as needed.  
Specializing in Day Care and School Lunch Programs and Business and Office Luncheons  
6 oz milk required with each meal