

IMAGINATION		NOVEMBER 2013			LK PORTIONS
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
				NOVEMBER 1 BREAKFAST FOR LUNCH !! DANIMALS VANILLA YOGURT, 1 EA FRENCH TOAST STICKS W/ SYRUP, 3 EA TURKEY SAUSAGE PATTY, 1 EA CHILLED MIXED FRUIT (NO PINEAPPLE), 3/8 C	
NOVEMBER 4 ROASTED TERIYAKI CHICKEN STRIPS, 3 EA BRN WHL GRAIN RICE, 1/4 C CARROT COINS, 1/4 C CHILLED DICED PEARS, 3/8 C	NOVEMBER 5 LEAN BEEF HAMBURGER PATTY, 1 EA WHEAT HAMBURGER ROLL, 1 EA W/ KETCHUP SWEET YELLOW CORN, 1/4 C CHILLED MIXED FRUIT (NO PINEAPPLE), 3/8 C	NOVEMBER 6 CHICKEN FAJITAS , 1/3 C LO-FAT SHREDDED CHEDDAR , 1/2 OZ ULTRA GRAIN 6" TORTILLA, 1 EA GREEN BEANS, 1/4 C CHILLED APPLESAUCE, 3/8 C	NOVEMBER 7 TURKEY CORN DOG NUGGETS, 4 EA W/ KETCHUP TOSSED SALAD W/ MIXED GREENS, CREAMY RANCH DRESSING, 1/4 C FRESH ORANGE WEDGES, 2 PCS TODS AND TWOS CHILLED DICED PEARS SWEET TENDER PEAS	NOVEMBER 8 **BAKED ZITI** NO MEAT HAS SOY IN ITALIAN RED SAUCE SMOTHERED IN THREE CHEESES, 1/2 C 5- WAY HOT MIXED VEGETABLES (HAS CORN), 1/4 C ITALIAN BREAD, 1 SL CHILLED DICED PEACHES, 3/8 C	
NOVEMBER 11 STOUFFERS MACARONI & CHEESE W/ WHOLE GRAINS, 1/2 C SWEET TENDER PEAS, 1/4 C 100% WHOLE GRAIN BREAD, 1/2 SL CHILLED DICED PEARS, 3/8 C	NOVEMBER 12 ASIAN SWEET & SOUR CHICKEN DICED CHICKEN BREAST , 1/3 C WHOLE GRAIN RICE, 1/4 C CARROT COINS, 1/4 C FRESH BANANA, 1/2 EA	NOVEMBER 13 WHOLE WHEAT PENNE PASTA W/ BOLOGNESE SAUCE ALL BEEF CRUMBLES & STEWED TOMATOES, 1/2 C STEAMED GREEN BEANS, 1/4 C CHILLED APPLESAUCE, 3/8 C	NOVEMBER 14 WHOLE GRAIN CHICKEN BITES W/ KETCHUP, 3 EA 100% WHOLE GRAIN BREAD, 1/2 SL STEAMED GREEN BEANS, 1/4 C CHILLED MIXED FRUIT (NO PINEAPPLE), 3/8 C	NOVEMBER 15 GRILLED CHICKEN FILET SANDWICH, 1 EA WHEAT HAMBURGER ROLL W/ KETCHUP, 1 EA SWEET YELLOW CORN, 1/4 C CHILLED DICED PEACHES, 3/8 C	
NOVEMBER 18 MEATBALL STEW ALL BEEF MEATBALLS, POTATOES, CARROTS, 1/2 C 100% WHOLE GRAIN BREAD, 1/2 SL STEAMED GREEN BEANS, 1/4 C CHILLED DICED PEARS, 3/8 C	NOVEMBER 19 NEW ORLEANS STYLE CAJUN CHICKEN DICED CHICKEN BREAST, DICED PEPPER & ONIONS, 1/3 C WHOLE GRAIN RICE, 1/4 C CARROT COINS, 1/4 C CHILLED APPLESAUCE, 3/8 C	NOVEMBER 20 COUNTRY STYLE SALISBURY STEAK W/ LOW SODIUM GRAVY, 1 EA SAVORY MASHED POTATOES, 1/4 C WHEAT DINNER ROLL, 1 EA PINEAPPLE TIDBITS, 3/8 C TODS AND TWOS CHILLED DICED PEACHES	NOVEMBER 21 WHL GRAIN SPAGHETTI PASTA W/BEEF & TURKEY CRUMBLE MEAT MARINARA W/ MARINARA MEAT SAUCE, 1/2 C TOSSED SALAD W/ MIXED GREENS, CREAMY RANCH DRESSING, 1/4 C FRESH BANANA, 1/2 EA TODS AND TWOS SWEET TENDER PEAS	NOVEMBER 22 **THANKSGIVING** SLICED TURKEY BREAST W/ GRAVY, 1SL MASHED POTATOES, 1/4C CRANBERRY SAUCE, 1OZ TOSS SALAD W/ MIXED GREENS/DRESSING, 1/4C DINNER ROLL/ BUTTER, 1EA FR: BAKED CHOC CHIP COOKIE, 1EA TODS & TWOS GREEN BEANS	
NOVEMBER 25 OVEN BAKED CHICKEN BREAST PATTY SANDWICH, 1 EA WHEAT HAMBURGER ROLL, 1 EA W/ KETCHUP, 0 C SWEET TENDER PEAS, 1/4 C CHILLED APPLESAUCE, 3/8 C	NOVEMBER 26 STOUFFERS MACARONI & CHEESE W/ WHOLE GRAINS, 1/2 C 100% WHOLE GRAIN BREAD, 1/2 SL 3-WAY HOT MIXED VEGGIE , 1/4 C FRESH BANANA, 1/2 EA	NOVEMBER 27 TURKEY & CHEESE SANDWICH, 11/2 OZ 100% WHOLE WHEAT BREAD, 1/2 EA GREEN BEANS, 1/4 C CHILLED DICED PEACHES, 3/8 C	NOVEMBER 28 HAPPY THANKSGIVING !!	NOVEMBER 29 THANKSGIVING BREAK !!	

Portions meet CACFP requirements for 3 to 5 year olds. All alternates discussed on an individual basis as needed.
 Specializing in Day Care and School Lunch Programs and Business and Office Luncheons
 6 oz milk required with each meal