



ImagIation Learning Center Lunch Menu

March 2013



<p>Meals marked *** are vegetarian and the entrée meal contains no beef or poultry This menu contains no pork or peanut products</p>	<p>Fairfax Food Service & Caterers PO BOX 418 Newington, VA 22122 (703)550-1820</p>			<p>1 Baked Ziti in Red Sauce with 3 cheeses, 1/2 cup Vegetable Medley, 1/4 cup Italian Bread, 1 slice Chilled Diced Peaches</p>
<p>4 Macaroni & Cheese, 1/2 cup Sweet Peas, 1/4 cup Whole Grain Bread, 1/2 slice Diced Pears, 3/8 cup</p>	<p>5 Hawaiian Turkey Meatballs, 3 each Brown whole Grain Rice, 1/4 cup Carrot Coins, 1/4 cup Banana, 1/2 each</p>	<p>6 Whole Wheat Pasta with Bolognese Sauce, 1/2 cup Green Beans, 1/4 cup Applesauce, 3/8 cup</p>	<p>7 Baked Chicken Parmesan with Marinara Sauce/Cheeses, 1/2 cup Ceasar Salad with Dressing and Parmesan Cheese Orange Wedges, 2 pieces Tods & Twos: Mixed Vegetable</p>	<p>8 Boneless Chicken Wings, 2 each Wheat Dinner Roll Tossed Salad with Ranch Dressing Diced Peaches, 3/8 cup Tods & Twos: Green Beans</p>
<p>11 Creamy Chicken Alfredo, 1/2 cup Penne Pasta w/ Creamy Alfredo Sauce, Diced Breast of Chicken Carrot Coins, 1/4 cup Chilled Diced Pears, 3/8 cup</p>	<p>12 Whole Grain Breaded Chicken Nuggets w/ catsup, 3 each Whole Wheat Bread, 1/2 slice Green Beans, 1/4 cup Chilled Applesauce, 3/8 cup</p>	<p>13 Salisbury Steak w/Gravy, 1 each Mashed Potatoes, 1/4 cup Dinner Roll, 1 each Pineapple Tidbits, 3/8 cup Tods & Twos Chilled Diced Peaches</p>	<p>14 Spaghetti w/ Meat Sauce 1/2 cup Tossed Salad Ranch Dressing 1/4 cup Banana, 1/2 each Tods & Twos Green Peas</p>	<p>15 Hamburger on Wheat Roll, 1 each Ketchup Mixed Vegetables, 1/4 cup Diced Peaches, 3/8 cup</p>
<p>18 Chicken Breast Patty Sandwich on Wheat Roll, 1 each Ketchup Sweet Peas, 1/4 cup Applesauce, 3/8 cup</p>	<p>19 Macaroni & Cheese, 1/2 cup Mixed Veggies, 1/4 cup Whole Grain Bread, 1/2 slice Banana, 1/2 each</p>	<p>20 Turkey & Cheese Whole Wheat Bread Green Beans, 1/4 cup Diced Peaches 3/8 Cup</p>	<p>21 Ground Beef Nacho Meat, 1 oz. Shredded Cheddar Cheese, 1/2 oz. Tortilla Chips, 1/4 cup Carrots Coins 1/4 cup Applesauce, 3/8 cup Tods & Twos Dinner Roll</p>	<p>22 French Toast Sticks w/ Syrup Turkey Sausage Links, 2 each Mixed Fruit, 3/8 cup</p>
<p>25 Teriyaki Chicken Strips, 3 each Brown Whole Grain Rice, 1/4 cup Carrot Coins, 1/4 cup Chilled Diced Pears, 3/8 cup</p>	<p>26 Beef Hamburger, 1 each w/ Catsup Sweet Yellow Corn, 1/4 cup Mixed Fruit, 3/8 cup Tods & Twos Mixed Fruit</p>	<p>27 Chicken Strips w/ Fajita Seasoning 1 1/2 oz. Shredded Cheddar 1/2 oz. Soft Tortilla Green Beans, 1/4 cup Applesauce</p>	<p>28 Turkey Corn Dog Nuggets, 4 each w/ catsup Green Peas, 1/4 cup Fresh Orange Wedges, 2 each Tods & Twos Chilled Diced Pears Green Peas</p>	<p>29 Baked Ziti in Red Sauce with 3 cheeses, 1/2 cup Vegetable Medley, 1/4 cup Italian Bread, 1 slice Chilled Diced Peaches</p>