



ImagiNation Learning Center Lunch Menu

July 2013



1 Creamy Chicken Alfredo, ½ cup Penne Pasta w/ Creamy Alfredo Sauce, Diced Breast of Chicken Carrot Coins, ¼ cup Chilled Diced Pears, 3/8 cup	2 Whole Grain Breaded Chicken Nuggets w/ catsup, 3 each Whole Wheat Bread, ½ slice Green Beans, ¼ cup Chilled Applesauce, 3/8 cup	3 Salisbury Steak w/Gravy, 1 each Mashed Potatoes, ¼ cup Dinner Roll, 1 each Pineapple Tidbits, 3/8 cup Tods & Twos Chilled Diced Peachs	4 Happy 4th of July! Center CLOSED!	5 Hamburger on Wheat Roll, 1 each Ketchup Mixed Vegetables, ¼ cup Fresh Cantaloupe, 1 slice
8 Chicken Breast Patty Sandwich on Wheat Roll, 1 each Ketchup Sweet Peas, ¼ cup Applesauce, 3/8 cup	9 Macaroni & Cheese, ½ cup Mixed Veggies, ¼ cup Whole Grain Bread, 1/2 slice Banana, ½ each	10 Turkey & Cheese Whole Wheat Bread Green Beans, ¼ cup Diced Peaches 3/8 Cup	11 Ground Beef Nacho Meat, 1 oz. Shredded Cheddar Cheese, ½ oz. Tortilla Chips, ¼ cup Carrots Coins ¼ cup Applesauce, 3/8 cup Tods & Twos Dinner Roll	12 French Toast Sticks w/ Syrup Turkey Sausage Links, 2 each Mixed Fruit, 3/8 cup
15 Teriyaki Chicken Strips, 3 each Brown Whole Grain Rice, ¼ cup Carrot Coins, ¼ cup Chilled Diced Pears, 3/8 cup	16 Beef Hamburger, 1 each w/ Catsup Sweet Yellow Corn, ¼ cup Mixed Fruit, 3/8 cup Tods & Twos Mixed Fruit	17 Chicken Strips w/ Fajita Seasoning 1 ½ oz. Shredded Cheddar ½ oz. Soft Tortilla Green Beans, ¼ cup Applesauce	18 Turkey Corn Dog Nuggets, 4 each w/ catsup Green Peas, ¼ cup Fresh Orange Wedges, 2 each Tods & Twos Chilled Diced Pears Green Peas	19 Baked Ziti in Red Sauce with 3 cheeses, ½ cup Vegetable Medley, ¼ cup Italian Bread, 1 slice Cantaloupe, 1 slice
20 Macaroni & Cheese, ½ cup Sweet Peas, ¼ cup Whole Grain Bread, 1/2 slice Diced Pears, ½ each	21 Hawaiian Turkey Meatballs, 3 each Brown whole Grain Rice, ¼ cup Carrot Coins, ¼ cup Banana, ½ each	22 Whole Wheat Pasta with Bolognese Sauce, ½ cup Green Beans, ¼ cup Applesauce, 3/8 cup	23 Baked Chicken Parmesan with Marinara Sauce/Cheeses, ½ cup Ceasar Salad with Dressing and Parmesan Cheese Orange Wedges, 2 pieces Tods & Twos: Mixed Vegetable Mixed Fruit	24 Boneless Chicken Wings, 2 each Wheat Dinner Roll Tossed Salad with Ranch Dressing Cantaloupe, 1 slice Tods & Twos: Green Beans
29 Creamy Chicken Alfredo, ½ cup Penne Pasta w/ Creamy Alfredo Sauce, Diced Breast of Chicken Carrot Coins, ¼ cup Chilled Diced Pears, 3/8 cup	30 Whole Grain Breaded Chicken Nuggets w/ catsup, 3 each Whole Wheat Bread, ½ slice Green Beans, ¼ cup Chilled Applesauce, 3/8 cup	31 Salisbury Steak w/Gravy, 1 each Mashed Potatoes, ¼ cup Dinner Roll, 1 each Pineapple Tidbits, 3/8 cup Tods & Twos Chilled Diced Peaches	Meals marked *** are vegetarian and the entrée meal contains no beef or poultry This menu contains no pork or peanut products	
Fairfax Food Service & Caterers PO BOX 418 Newington, VA 22122 (703)550-1820				