

## ImagiNation Learning Center Lunch Menu February 2013



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Meals marked *** are vegetarian and the entrée meal contains no beef or poultry This menu contains no pork or peanut products	Fairfax Food Service & Caterers PO BOX 418 Newington, VA 22122 (703)550-1820			1 Baked Ziti in Red Sauce with 3 cheeses, ½ cup Vegetable Medley, ¼ cup Italian Bread, 1 slice Chilled Diced Peaches
4  Macaroni & Cheese, ½ cup Sweet Peas, ¼ cup Whole Grain Bread, 1/2 slice Diced Pears, 3/8 cup	5 Hawaiian Turkey Meatballs, 3 each Brown whole Grain Rice, ¼ cup Carrot Coins, ¼ cup Banana, ½ each	6 Whole Wheat Pasta with Bolognese Sauce, ½ cup Green Beans, ¼ cup Applesauce, 3/8 cup	7 Baked Chicken Parmesan with Marinara Sauce/Cheeses, ½ cup Ceasar Salad with Dressing and Parmesan Cheese Orange Wedges, 2 pieces Tods & Twos: Mixed Vegetable	8 Boneless Chicken Wings, 2 each Wheat Dinner Roll Tossed Salad with Ranch Dressing Diced Peaches, 3/8 cup Tods & Twos: Green Beans
Creamy Chicken Alfredo, ½ cup Penne Pasta w/ Creamy Alfredo Sauce, Diced Breast of Chicken Carrot Coins, ¼ cup Chilled Diced Pears, 3/8 cup	12 Whole Grain Breaded Chicken Nuggets w/ catsup, 3 each Whole Wheat Bread, ½ slice Green Beans, ¼ cup Chilled Applesauce, 3/8 cup	13 Salisbury Steak w/Gravy, 1 each Mashed Potatoes, ½ cup Dinner Roll, 1 each Pineapple Tidbits, 3/8 cup Tods & Twos Chilled Diced Peaches	Spaghetti w/ Meat Sauce ½ cup Tossed Salad Ranch Dressing ¼ cup Banana, ½ each Tods & Twos Green Peas	15  Macaroni & Cheese, ½ cup  Mixed Vegetable, ¼ cup  Fresh Canteloupe, 1 slice
Center Closed for Staff Inservice Day	19 Macaroni & Cheese, ½ cup Mixed Veggies, ¼ cup Whole Grain Bread, 1/2 slice Banana, ½ each	20 Turkey & Cheese Whole Wheat Bread Green Beans, 1/4 cup Diced Peaches 3/8 Cup	21 Ground Beef Nacho Meat, 1 oz. Shredded Cheddar Cheese, ½ oz. Tortilla Chips, ¼ cup Carrots Coins ¼ cup Applesauce, 3/8 cup Tods & Twos Dinner Roll	22 French Toast Sticks w/ Syrup Turkey Sausage Links, 2 each Mixed Fruit, 3/8 cup
25 Teriyaki Chicken Strips, 3 each Brown Whole Grain Rice, ½ cup Carrot Coins, ½ cup Chilled Diced Pears, 3/8 cup	26  Beef Hamburger, 1 each w/ Catsup  Sweet Yellow Corn, ½ cup  Mixed Fruit, 3/8 cup <b>Tods &amp; Twos</b> Mixed Fruit	27 Chicken Strips w/ Fajita Seasoning 1 ½ oz. Shredded Cheddar ½ oz. Soft Tortilla Green Beans, ¼ cup Applesauce	Turkey Corn Dog Nuggets, 4 each w/ catsup Green Peas, <sup>1</sup> / <sub>4</sub> cup Fresh Orange Wedges, 2 each Tods & Twos Chilled Diced Pears Green Peas	