

ImagiNation Learning Center Lunch Menu August 2013



Meals marked *** are vegetarian and the entrée meal contains no beef or poultry This menu contains no pork or peanut products	Fairfax Food Service & Caterers PO BOX 418 Newington, VA 22122 (703)550-1820		Whole Grain Spaghetti with Meat Marinara Sauce, ½ cup Tossed Salad with Ranch Dressing Banana, ½ each Tods & Twos: Sweet Peas	Hamburger on Wheat Roll, 1 each Ketchup Mixed Vegetables, ¼ cup Fresh Cantaloupe, 1 slice
5 Chicken Breast Patty Sandwich on Wheat Roll, 1 each Ketchup Sweet Peas, ¼ cup Applesauce, 3/8 cup	6 Macaroni & Cheese, ½ cup Mixed Veggies, ¼ cup Whole Grain Bread, 1/2 slice Banana, ½ each	7 Turkey & Cheese Whole Wheat Bread Green Beans, 1/4 cup Diced Peaches 3/8 Cup	8 Ground Beef Nacho Meat, 1 oz. Shredded Cheddar Cheese, ½ oz. Tortilla Chips, ¼ cup Carrots Coins ¼ cup Applesauce, 3/8 cup Tods & Twos Dinner Roll	9 French Toast Sticks w/ Syrup Turkey Sausage Links, 2 each Mixed Fruit, 3/8 cup
12 Teriyaki Chicken Strips, 3 each Brown Whole Grain Rice, ¼ cup Carrot Coins, ¼ cup Chilled Diced Pears, 3/8 cup	13 Beef Hamburger, 1 each w/ Catsup Sweet Yellow Corn, ¼ cup Mixed Fruit, 3/8 cup Tods & Twos Mixed Fruit	14 Chicken Strips w/ Fajita Seasoning 1 ½ oz. Shredded Cheddar ½ oz. Soft Tortilla Green Beans, ¼ cup Applesauce	15 Turkey Corn Dog Nuggets, 4 each w/ catsup Green Peas, ¼ cup Fresh Orange Wedges, 2 each Tods & Twos Chilled Diced Pears Green Peas	Center Closed for Staff In-Service Day!
19 Macaroni & Cheese, ½ cup Sweet Peas, ¼ cup Whole Grain Bread, 1/2 slice Diced Pears, ½ each	20 Hawaiian Turkey Meatballs, 3 each Brown whole Grain Rice, ¼ cup Carrot Coins, ¼ cup Banana, ½ each	21 Whole Wheat Pasta with Bolognese Sauce, ½ cup Green Beans, ¼ cup Applesauce, 3/8 cup	Baked Chicken Parmesan with Marinara Sauce/Cheeses, ½ cup Ceasar Salad with Dressing and Parmesan Cheese Orange Wedges, 2 pieces Tods & Twos: Mixed Vegetable Mixed Fruit	23 Boneless Chicken Wings, 2 each Wheat Dinner Roll Tossed Salad with Ranch Dressing Cantaloupe, 1 slice Tods & Twos: Green Beans
26 Beet & Turkey meatballs with Gravy, 3 each Whole Grain Brown Rice, ¼ cup Carrot Coins, ¼ cup Chilled Diced Peaches, 3/8 cup	27 Whole Grain Breaded Chicken Nuggets w/ catsup, 3 each Whole Wheat Bread, ½ slice Green Beans, ¼ cup Chilled Applesauce, 3/8 cup	28 Salisbury Steak w/Gravy, 1 each Mashed Potatoes, ¼ cup Dinner Roll, 1 each Pineapple Tidbits, 3/8 cup Tods & Twos Chilled Diced Peaches	29 Whole Grain Spaghetti with Meat Marinara Sauce, ½ cup Tossed Salad with Ranch Dressing Banana, ½ each Tods & Twos: Sweet Peas	30 Hamburger on Wheat Roll, 1 each Ketchup Mixed Vegetables, ½ cup Fresh Cantaloupe, 1 slice