

## penguin's Daily schedule

Farly Morning Arrival & Quiet Time



6:30-7:30	Early Morning Arrival & Quiet Time
7:30-8:00	Exploration and Free Play
8:00-8:30	Diaper Changing
8:30-9:00	AM Snack/Feeding
9:00-10:00	Quiet Activities and Story Time
10:00-10:30	Individual Activities/Social Time
10:30-11:00	Diaper Changing
11:00-12:00	Story Time or Outdoor Activities(Stroller Rides)
12:00-12:30	Lunch
12:30-3:00	Lunch Clean up & Quiet Activities
3:00-3:30	Diaper Changing
3:30-4:00	PM Snack/Feeding
4:00-5:30	Motor Activities
5:30-6:30	Individual Activities and Departure

Infants will be able to sleep and eat on their own schedule. Feeding includes snack and bottle.

Activities include individual and small group time, focusing on large and small muscle development as well as child initiated activities.