



Preschoolers

For almost all preschoolers, “why” may be the operative word, as they begin to comprehend abstract concepts such as space, time, and relationship. Consequently, our *Preschool Curriculum* focuses on processes and problem-solving, rather than rote memorization. And, because they practice thinking rather than simply repeating the “correct” answer, our preschoolers master the process of learning itself.

Our curriculum focuses on all areas of development: We enhance *social skills* by helping our children feel comfortable in the center environment, make friends, and experience positive interactions within a group. We support the development of *emotional skills* by giving our children plenty opportunities to experience pride and self-confidence, develop independence and self-control, and a positive attitude towards life. In respect to *cognitive skills*, our goal is to help children acquire learning skills such as the ability to solve problems, ask questions, and use words to describe their ideas, observations, and feelings. In respect to *physical development*, we help our children to increase their large and small muscle skills and encourage them to feel confident about what their bodies can do.

A typical day at our center includes center and free choice time, circle time, and outdoor time, as well as time for meals and rest periods. During center and free choice time, the child has the freedom to choose from many interesting activities that are organized in centers throughout the classroom. The interest centers include process art, math and writing activities, blocks and transportation, play dough, housekeeping and dramatic play, puzzles and games, sand and water play, library, science exploration, music, and manipulatives (Lego, beads, pegs, and so on.) During circle time, we encourage our children to participate in activities that are offered to the whole group. Following a weekly theme, our teachers plan child-centered sessions that include activities in language arts, math, literacy, creative arts, science, music and motor.

The playground is an extension of free choice time. Our teachers use outdoor time to initiate games and other activities, and to spend one-on-one time with individual preschoolers. Children can choose from a variety of options, including climbing equipment, balls, hoops, sand and sensory tables, or indoor material brought outside. During lunch, our teachers sit with the children, encouraging and participating in quiet conversations. Rest time is ideal for brief, individual heart-to-heart talks as soothing music lulls most of our “hard-chargers” to a well-earned nap before the afternoon’s activities.

Our Preschool Curriculum provides numerous opportunities for children to demonstrate and practice their developing decision-making and self-help skills in a safe, supportive environment. We are proud to offer an academically rich, developmentally appropriate program that can help your preschooler flourish.