



# ImagiNation Learning Center Lunch Menu

## October 2011



3 Chicken Patty Sandwich on Roll with catsup Pease, 1/4 cup Applesauce, 3/8 cup	4 Polynesian Diced Chicken Breast with pineapple, 1/4 cup Brown Whole Grain Rice, 1/4 cup Mixed Vegetables, 1/4 cup Banana, 1/2 each	5 Italian Turkey Meatball Sub Shredded Mozzarella Cheese, 1/2 oz. Green Beans, 1/4 cup Diced Peaches, 3/8 cup	6 Ground Beef Nacho Meat, 1 oz. Shredded Cheddar Cheese, 1/2 oz. Tortilla Chips, 1/4 cup Carrots Coins 1/4 cup Applesauce, 3/8 cup <b>Tods &amp; Twos</b> Dinner Roll	7 French Toast Sticks w/ Syrup Turkey Sausage Links, 2 each Mixed Fruit, 3/8 cup
10 Teriyaki Chicken Strips, 3 each Brown Whole Grain Rice, 1/4 cup Carrot Coins, 1/4 cup Chilled Diced Pears, 3/8 cup	11 Beef Hamburger, 1 each w/ Catsup Sweet Yellow Corn, 1/4 cup Mixed Fruit, 3/8 cup	12 Chicken Strips w/ Fajita Seasoning 1 1/2 oz. Shredded Cheddar 1/2 oz. Soft Tortilla Green Beans, 1/4 cup Applesauce	13 Turkey Corn Dog Nuggets, 4 each w/ catsup Green Peas, 1/4 cup Fresh Orange Wedges, 2 each <b>Tods &amp; Twos</b> Chilled Diced Pears Green Peas	14 Baked Ziti in Italian Red Sauce Smothered in 3 Cheeses, 1/2 cup Vegetable Medley 1/4 cup Italian Bread, 1 slice Cantaloupe
17 Macaroni & Cheese, 1/2 cup Sweet Peas, 1/4 cup Whole Wheat Bread, 1 slice Diced Pears, 3/8 cup	18 Hawaiian Turkey Meatballs, 3 each Brown whole Grain Rice, 1/4 cup Carrot Coins, 1/4 cup Banana, 1/2 each	19 Chicken Nuggets, 3 each Mashed Potatoes, 1/4 cup Whole Wheat Bread, 1 slice Applesauce, 3/8 cup	20 Baked Chicken Parmesan w/ Marinara Mozz & Parm Cheeses, 1/2 cup Caesar Salad, Dressing and Parmesan, 1/4 cup Whole Wheat Bread, 1 slice Orange Wedges, 2 pieces <b>Tods &amp; Twos:</b> Mixed Vegetable	21 Boneless Wing Ding, w/ketchup 2 each Dinner Roll, 1 each Tossed Salad w/ Ranch Dressing, 1/4 cup Cantaloupe, 1 slice <b>Tods &amp; Twos</b> Green Beans
24 Creamy Chicken Alfredo, 1/2 cup Penne Pasta w/ Creamy Alfredo Sauce, Diced Breast of Chicken Carrot Coins, 1/4 cup Chilled Diced Pears, 3/8 cup	25 Whole Grain Breaded Chicken Nuggets w/ catsup, 3 each Whole Wheat Bread, 1/2 slice Green Beans, 1/4 cup Chilled Applesauce, 3/8 cup	26 Salisbury Steak with Gravy Savory Mashed Potatoes, 1/4 cup Dinner Roll, 1 each Pineapple Tidbits, 3/8 cup <b>Tods &amp; Twos</b> Chilled Diced Peaches	27 Spaghetti w/ Meat Sauce 1/2 cup Tossed Salad Ranch Dressing 1/4 cup Banana, 1/2 each <b>Tods &amp; Twos</b> Green Peas	28 Macaroni & Cheese, 1/2 cup Mixed Vegetable, 1/4 cup Fresh Cantaloupe, 1 slice
31 Chicken Patty Sandwich on Roll with catsup Pease, 1/4 cup Applesauce, 3/8 cup			Meals marked *** are vegetarian and the entrée meal contains no beef or poultry This menu contains no pork or peanut products	Fairfax Food Service & Caterers PO BOX 418 Newington, VA 22122 (703)550-1820